The Metanoia Retreat: ‘incredibly inspiring’

By Kelly Donnelly

On November 18 and 19, five young adults gathered for the first Metanoia retreat at Wadhams Hall. Led by Lorraine Turgeon, the diocesan Director of Young Adult Ministry, and Father Al Houk, the 24-hour retreat was truly a reflection of the Greek word ‘metanoia’, which means changing one’s mind.

The retreat consisted of Adoration, Liturgy of the Hours, reflections, spiritual meditations largely based on a combination of readings, and time for individual spiritual direction and recreation.

The retreat was formatted around the Last Supper, with reflections drawing comparisons between our spiritual direction and Reconciliation. The idea is that every retreat is not only a time to attend and gather with other people, but also an opportunity to reflect with our family, community, and prayers, we were able to increase one’s knowledge or “manthano” (Greek for to increase one’s knowledge or to be informed).

The retreat was a time to appreciate the current retreat participants will gather to come together in prayer and reflections for the next twelve weeks to the “retreat high” subsides and the rest of the retreat experiences, the rest of the retreat will continue one’s knowledge or “manthano” (Greek for to increase one’s knowledge or to be informed).

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Let us remember that faith is a journey, not a destination. As we continue on this journey, let us keep our eyes fixed on the Cross, the source of our salvation and the model of our lives.

Letter to the Editor

David, Ogdensburg

The call to holiness is for everyone, not just for Saint Paul, the Apostle, the bishops, priests and sisters. It is for all of us. Our call to holiness is not a call to martyrdom. The Holy Spirit beckons each and every one of us to consider our own faith and its relationship to our daily lives.

The call to holiness is for everyone. It is for all of us to reflect on our own lives and the role of the Church in our lives. It is for us to consider our own relationship with Jesus and how we can grow in our faith.

The call to holiness is a call to deepen our faith and to grow in our understanding of the Church. It is a call to live our faith in a way that is authentic and meaningful.

Thank you for your letters and for your prayers. Together, let us continue to journey to holiness.
On the Adantic coast of Florida is a town called Ravenna. When the Roman Emperors moved east in a spasm of speed, Ravenna became the capital of the eastern empire. The emperors thought its location was perfect for their needs. They could not overlook Ravenna. These elderly persons are like children as they follow our lead on their journey. Their path is marked out in the wind. The story represents the Church, which includes all. You and I are running through a church of标题, which are much smaller.

An expert can produce sensations of thrilling, miraculous beauty, simply by computerizing these little cubes together.

The religious message becomes a very good and

Many modern people miss the opportunity to share the Gospel. So, we miss the opportunity to broadcast our faith

New Year may or may not bring a season of hope and pray that it does bring. **Jesus tells you and me:**

**The Feast of the Epiphany**

**The Birth of Jesus becomes a public event**

**Follow Me**

The shepherds are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like the wise men, who feel that God is in control of their lives. They are broadcasting our faith to the world, which includes all. Some people are like the shepherds, who pray quietly and privately. Some are like t
St. Regis Mohawks overjoyed at news of Blessed Kateri's upcoming canonization

"Thanks be to God!"

By Mary Lou Kilian
Catholic News Service

As fans of the late Swedish author Stieg Larsson and of America's most popular serial killer may have been at work, the latest adaptation of Larsson's book. So too does the film's savage and sadistic acting ensemble.

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Scripture Reflections

The need for a listening ear and a loving heart

We’re in a quiet time of the Church Year—six weeks of “breath” between the seasons of Advent and Lent. The Gospel parables are telling us that the God of history is a God who listens to and speaks to his people. The Church of Christ, as well as the lives of God’s people, is a place where God listens, answers, and speaks.

The Call of Samuel

1 Samuel 3:3-10, 19
Christians are called to be the hands, feet, and heart of Christ. God listens to the prayers of his people and responds to them. The story of Samuel and his response to God’s call is a reminder of the importance of prayer and the need to be attentive to God’s voice. The Church, which is the body of Christ, is called to be a listening and responsive community.

A Catholic response to human trafficking

The Church has a special mission to proclaim the gospel and to be the hands, feet, and heart of Christ in the world. The Church’s response to human trafficking is rooted in its teachings on the dignity of the human person and the call to justice.

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We cannot rest until trafficking in human persons is eliminated from the globe. Addressing the need for eradicating the demand that fuels the illegal trade in human beings, the U.S. Conference of Catholic Bishops noted that “human trafficking will never be truly defeated without eliminating the consumption that feeds and procures those actors in receiving countries, including our own, that benefit because of the exploitation of vulnerable human beings.”

Operationally, the Catholic Church has placed the elimination of trafficking as an important priority in the areas of public education, advocacy, and services to trafficking victims. The Church works diligently to raise awareness within the Catholic community about the problem, including training to help diocesan staff identify and assist victims of trafficking. These awareness-raising efforts include the sponsorship of roundtables and conferences on the subject and the convening of public meetings on several occasions to educate the Catholic faithful and others on human trafficking. All of the Church’s training and education is directed toward one end: elevating the interest of the victims. This education and training is intended, held to identify victims when they see them, and to persuade them to act on what they see.

The USCCB works closely with the Departments of Health and Human Services and Justice to raise awareness about this problem and to assist its victims. The U.S. bishops, through the United States Conference of Catholic Bishops, have also responded to the consumerism that fuels human trafficking, Operationally, the Catholic Church has placed the elimination of trafficking as an important priority in the areas of public education, advocacy, and services to trafficking victims. The Church works diligently to raise awareness within the Catholic community about the problem, including training to help diocesan staff identify and assist victims of trafficking. These awareness-raising efforts include the sponsorship of roundtables and conferences on the subject and the convening of public meetings on several occasions to educate the Catholic faithful and others on human trafficking. All of the Church’s training and education is directed toward one end: elevating the interest of the victims. This education and training is intended, held to identify victims when they see them, and to persuade them to act on what they see.

The Church is committed to eradicating human trafficking and to promoting the dignity of the human person. All efforts must be expended to end it…
Lily of the Mohawks

Bishop Layville’s Schedule

Jan. 9 – 4:30 p.m., Mass at St. Joseph’s Home in Ogdensburg

Jan. 10 – 10:15 a.m., Mass at St. Joseph’s Home in Ogdensburg

Jan. 10 – 10:30 a.m., Pastoral Council Meeting at the Visitation Parish Center in Ogdensburg

Jan. 10 – 10:30 a.m., Confirmation at St. Mary’s Church in Massena

Jan. 10 – 10:30 a.m., Confirmation at St. Joseph’s Church in Ogdensburg

Jan. 11 – 10:30 a.m., Meeting at the St. Mary, Mt. Carmel Church in Tewksbury

Jan. 12 – 10:30 a.m., Mass at St. Joseph’s Home in Ogdensburg

Jan. 13 – 10:30 a.m., Meeting at the School of St. Joseph of the Mohawk College in Rome

Jan. 14 – 10:30 a.m., Meeting at St. Joseph’s Home in Ogdensburg

Jan. 14 – 4:30 p.m., Joe Smith, Justice of the Peace, at the Town Municipal Building in Ogdensburg

Jan. 16 – 10:30 a.m., Mass at St. Joseph’s Home in Ogdensburg

Jan. 17 – 4:30 p.m., Meeting at the School of St. Joseph of the Mohawk College in Rome

Jan. 17 – 6:30 p.m., Meeting at the Mary, Mt. Carmel Church in Tewksbury

Jan. 18 – 10:30 a.m., Mass at St. Joseph’s Home in Ogdensburg

Jan. 21 – 10:00 a.m., Meeting at the School of St. Joseph of the Mohawk College in Rome

Jan. 24 – 10:00 a.m., Meeting at the School of St. Joseph of the Mohawk College in Rome

Jan. 25 – 10:00 a.m., Meeting at the School of St. Joseph of the Mohawk College in Rome

Jan. 26 – 7:30 p.m., St. Mary’s Church, North Country Catholic

Cardinal-designate Timothy M. Dolan

He views his new role as a vigorous defender, booster of faith

By Mark Collier

WASHINGTON (AP) — Archbishop Timothy M. Dolan of New York has been named by Pope Benedict XVI to succeed Cardinal Donald Wuerl as the American archbishop of Washington. Dolan, 60, has used his pulpits, be it in New York or Milwaukee, to promote and defend the Church’s teachings.

Ordained to the priesthood in 1971, Dolan was secretary to the apostolic nuncio to Washington for five decades before becoming the first American cardinal in the Pontifical North American College in the 1990s.

Dolan had been considered to be a candidate for the papacy, but his name was dropped because he is not a cardinal. He was named as the new archbishop in 2010. Cardinal-designate Dolan had been a member of the U.S. bishops’ ad interim committee for doctrine, and as president of the bishops’ conference.

Dolan is the archbishop of one of the wealthiest archdioceses in the country, with Catholic schools and hospitals in Manhattan and suburban Long Island. The archdiocese has about 900,000 members, and the archbishop has about 600 priests in his flock.

Dolan is known for his pastoral approach to the Church’s teachings, which he says he is a “person of peace.”

Bishops in New York City said they were surprised by the news but welcomed Dolan to the role. They said he would be an excellent choice for the archdiocese.

The archbishop of Washington is expected to be named by the pope in the next few weeks.

The archbishop of Washington is responsible for the archdiocese of the District of Columbia and the Archdiocese of Baltimore.

Dolan has a long history of working with young people, having been a member of the National Catholic Youth Organization.

Dolan has been a vocal advocate for the Church’s teachings, particularly on issues such as abortion and same-sex marriage.

The archbishop of Washington has a long family history in the Catholic Church. His father, John Michael Dolan, was a priest and served as a bishop in Ireland.

The archbishop of Washington is also a former U.S. Army soldier and has been a vocal advocate for veterans.

Dolan graduated from St. John’s University in New York City, where he received a degree in business administration.

He is married to Mary Dolan and has four children. The couple lives in New York City.

Dolan has been a member of the U.S. bishops’ conference and has served on several committees.

He is also a member of the National Catholic Education Association.

Dolan has been a vocal advocate for the Church’s teachings, particularly on issues such as abortion and same-sex marriage.
Ten years ago on the eve of World Youth Day, Cardinal Dolan wrote a pastoral letter, “God’s Children,” which focused on the abuse crisis within the church. Today, he is calling on the Church to follow through on its vow to change and to repent for the damage done.

“Our goal is to change our church, grow lax, join an- other young people from around the world who love our faith and are trying to make the Church beautiful,” he wrote. “The church is going to be the Church of the Word made flesh, and we need to help it to be the Church that Jesus intended it to be.”

Cardinal Dolan called on the pope to change the teachings of the Church on divorce, abortion, contraception, and same-sex marriage. “The Church’s teaching on these issues is as old as the Church,” he said. “It must be enforced.”

In his first pastoral letter as archbishop, Cardinal Dolan called on the Church to “be catechetical leaders in the world.” He wrote that the Church must be a “living church, a dynamic church, a church that changes.”

When the archbishop was elected as president of the U.S. Conference of Catholic Bishops in 2009, he was asked to address the issue of child abuse within the Church. He responded by calling for an end to the “culture of secrecy” that had allowed the abuse to continue for so long. He also called for an end to the “culture of silence” that had allowed the perpetrators to continue to abuse.

In his first presidential address to the U.S. bishops in 2011, Cardinal Dolan spoke of the “crisis of credibility” that the Church was facing. He called on the bishops to be “courageous leaders” and to be “true to our faith.”

The archbishop has been a vocal advocate for the rights of the poor and the marginalized. In 2011, he spoke out against the proposed budget cuts to social programs that were part of the Romney administration’s budget plan. He also spoke out against the proposed budget cuts to social programs that were part of the Trump administration’s budget plan.

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The need for a listening ear and a loving heart

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Scripture Reflections

The second reading from the letter to the Romans (6:13c-15a, 17-20) is particularly relevant to the current discussion of human trafficking. The passage speaks to the idea that human beings are not to be owned by anyone, and that one’s body is a temple of the Holy Spirit. The Church has long been active in combating human trafficking, and its anti-trafficking efforts are guided by the principles of Catholic social teaching, which emphasizes the sacredness and dignity of human life.

PURSUING JUSTICE

A Catholic response to human trafficking

The Catholic Church has long been active in the fight against human trafficking in all its forms. The Catholic response to the migration of people in general rests on the principles of Catholic social teaching, central to which is the sanctity and dignity of human life.

The United States Conference of Catholic Bishops’ USCCB Committee on Migration put forth in the statement On Human Trafficking in 2007, “The Movement of People Across Borders for Exploitation is a Form of Human Trafficking.” The statement goes on to say, “The Catholic Church has been active in the fight against human trafficking for many years, and we believe that it is a moral obligation for all of us to work towards the eradication of this evil.”

The Church has taken a leading role in combating human trafficking, and its anti-trafficking efforts are guided by the principles of Catholic social teaching, which emphasizes the sacredness and dignity of human life.
St. Regis Mohawks overjoyed at news of Blessed Kateri’s upcoming canonization

“Thanks be to God!”

By Paul Mcgarry
Catholic News Service

As fans of the late Swedish author Stieg Larsson’s Millennium Trilogy, we’ve been waiting for the world premiere of the newly released movie adaptation, “The Girl With the Dragon Tattoo.” The film, which has received much critical acclaim, tells the story of Lisbeth Salander, a brilliant, tough, and deeply troubled computer hacker, and Mikael Blomkvist, a journalist, who team up to solve a mysterious and disturbing case.

The Girl With the Dragon Tattoo has been highly anticipated and has generated much buzz among fans of the book and Larsson’s other work. The film version, directed by David Fincher and produced by Steven Zaillian, features an all-star cast, including Daniel Craig, Rooney Mara, and Christopher Plummer.

The film is a thrilling and suspenseful tale that explores themes of revenge, family, and the power of the human spirit. It has been described as a “dark and disturbing” story that captures the essence of Larsson’s original work.

The Girl With the Dragon Tattoo is scheduled to open in theaters on November 8, 2011. Fans of the book and film are eagerly awaiting its release, and the film is already garnering positive reviews from critics and audiences alike.

In summary, the Girl With the Dragon Tattoo is a gripping and brilliantly crafted adaptation of Larsson’s novel. It is a must-see for fans of the book and for anyone who loves a good whodunit. Whether you’re a fan of Larsson’s work or simply enjoy a good mystery, the Girl With the Dragon Tattoo is a film not to be missed.
On the Adritic coast of Italy near the little town of Ravenena, when the Roman Empire was at its peak in the 5th and 6th centuries, in the great basilica of Apollinare, there is a mosaic that depicts the story of three wise men. The Wise Men and their gifts are much smaller. But the bricks in a mosaic are much smaller. An expert can produce themes of startling, miraculous beauty, simply by constructing these little cubes together.

In the mosaic in one particular church, the artist manipulated these small cubes to depict a scene of procession of movement, of running through a palm grove, palm fronds, as they had been put in front of them.

The pictures don’t tell us where they are running. You’re not told where they are. You have to see St. Matthew’s Gospel and you have to see the face of Jesus as you hear the words of his disciple, John, who says that he saw the Messiah.

The shepherds know about it. They’re not told where they are going. They’re not told why they are going. They have heard St. Matthew’s Gospel and they are going to tell others about what they have heard.

The shepherds are like the wise men. They are not told why they are going, what they are going to do. And they are going to tell others about what they have heard. St. Matthew’s Gospel and the face of the Messiah. They are like the shepherds who tell others about what they have heard. St. Matthew’s Gospel and the face of the Messiah.

It’s often to such people God is saying to the world, which includes you and me. ‘Tell the world what you know. Share the Good News. It’s often to such people God is saying to the world, which includes you and me. ‘Tell the world what you know. Share the Good News. It’s often to such people God is saying to the world, which includes you and me. ‘Tell the world what you know. Share the Good News.

The other actor in this story who comes obscured by sleigh bells and Black Friday madness is Jesus. The wise men, however, were the shepherd, the shepherds, and Jesus. They brought their gifts to Jesus. They brought their gifts to the shepherd. They brought their gifts to the Shepherds. They brought their gifts to the Shepherd. They brought their gifts to the Shepherds. They brought their gifts to the Shepherd. They brought their gifts to the Shepherds. They brought their gifts to the Shepherd. They brought their gifts to the Shepherds. They brought their gifts to the Shepherd. They brought their gifts to the Shepherds. They brought their gifts to the Shepherd. They brought their gifts to the Shepherds. They brought their gifts to the Shepherd. They brought their gifts to the Shepherds. They brought their gifts to the Shepherd. They brought their gifts to the Shepherds. They brought their gifts to the Shepherd. They brought their gifts to the Shepherds.
Thank you from the Mission Office
From the Director’s Desk,
Sister Mary Ellen Betti, SSND, Diocesan Mission Director

“The Holy Spirit gives us joy. And He is joy. The gift in which all the other gifts are included. The missionary spirit of the Church is a joy that is passed on from the one who communicates the joy that has been given.”

I am most grateful for your Advent and Christmas sacrifices which are such a blessing to the Church as it serves the poor of the Ministries. Through these donations, you helped support the work and witness of religious institutes throughout the missions, especially as they offer loving service to children in need.

By your prayers and your gift to the Society for the Propagation of the Faith, you accompany those who bring this Good News to the poor and suffering. As I ask your continuing prayers for our mission family, know that you and those you support are the true beneficiaries of this service. To whom much is given, children are born and grow up in situations of poverty, violence, hunger, and war. The minds and hearts of the poor are in our Lord, they are blessedly transformed by His message and infinite love.

From the Director’s Desk,
Sister Mary Ellen Betti, SSND, Diocesan Mission Director

This is the best way to be in the world of commerce: it says a lot about a company. It says its values. It says a lot about who they are, and how they are the impresarios of the market they are in. They are the master of their own destiny.

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The Metanoia Retreat: ‘incredibly inspiring’

By Kelly Ponds

On November 18 and 19, five young adults gathered for the first Metanoia retreat at Wadhams Hall.

Led by Lorraine Troup, the diocesan Director of Young Adult Ministry, and Father Al Houser, the 24-hour retreat was truly a reflection of the Greek word ‘metanoia’, which means changing one’s mind.

The retreat consisted of Adoration, Liturgy of the Hours, reflections, scriptural meditations largely focused on redemptive stories, and time for individual spiritual direction and reflection.

The retreat was formatted around the Last Supper, with reflections drawing comparisons between our lives and the Last Supper, the comparisons between our spiritual direction and Reconciliation, and time for individual spirituality and reconciliation.

The retreat was a time to strip ourselves of the obstacles that prevent us from truly being attentive to Him. Fear of the unknown, attachment to possessions, and the busyness we often fill our lives with can so easily prevent us from seeing God. Yet, like the bear, He is present to us if only we allow ourselves to approach Him.

The retreat was a time to strip ourselves of the obstructions, and through the reflections, meditations, and prayers, we were able to come to that sense of not just knowing God is present in our lives, but truly seeing Him in our presence.

This spiritual awareness that so often is common to recognize during a retreat can frequently taper away. Every time I go on a retreat I have with the conviction that I will maintain the spirituality that I reconnected with during the course of the retreat, but all too often this commitment with God slips away and so does my recommitment to his baptismal covenant and the need for us to trust.

A summary of William Faulkner’s short story, ‘The Bear’, was used and I felt that the story in many ways epitomized my retreat experience. The story describes a boy who seeks a bear, and the bear is watching him and aware though he knows the bear is always present, but we must feel, see and trust in God’s presence in our lives.

This spiritual awareness of God’s presence in our lives, but truly seeing Him in our presence, is incredibly inspiring and renewing. I found the Metanoia retreat not only provided many prayer experiences and reflections for our use after the retreat, but it also ended with a discussion of becoming part of the Manthano group.

Addressing an estimated 7,000 people gathered for his weekly general audience Jan. 4, the pope encouraged Christians to continue living the joy and mystery of Christmas as they prepare for the feast of the Epiphany, celebrated at the Vatican Jan. 6, and the Feast of the Baptism of the Lord, which the pope planned to celebrate Jan. 8 by baptizing babies in theistine Chapel.

“The Christ Mass is the feast where God becomes so close to human beings that he shares the same fact of being born to reveal to them their dignity, their being sons and daughters of God,” the pope said.

On the meaning of Christmas

On November 18 and 19, as part of the retreat experience, we were able to come to that sense of not just knowing God is present in our lives, but truly seeing His presence in our lives. This spiritual awareness that so often is common to recognize during a retreat can frequently taper away. Every time I go on a retreat I have with the conviction that I will maintain the spirituality that I reconnected with during the course of the retreat, but all too often this commitment with God slips away and so does my recommitment to his baptismal covenant and the need for us to trust.

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“In that way, the dream of humanity that began in the expected way: not because of the greatness of man, who cannot make himself God, but through the humility of God, who descends,” the pope said.

Canonization – At Christmas, the human dream of being like God started to become reality – not through any human means, but through God sending his son to be born to us as a babe in a manger. Pope Benedict XVI said.

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On the meaning of Christmas

On November 18 and 19, as part of the retreat experience, we were able to come to that sense of not just knowing God is present in our lives, but truly seeing His presence in our lives. This spiritual awareness that so often is common to recognize during a retreat can frequently taper away. Every time I go on a retreat I have with the conviction that I will maintain the spirituality that I reconnected with during the course of the retreat, but all too often this commitment with God slips away and so does my recommitment to his baptismal covenant and the need for us to trust.

A summary of William Faulkner’s short story, ‘The Bear’, was used and I felt that the story in many ways epitomized my retreat experience. The story describes a boy who seeks a bear, and the bear is watching him and aware though he knows the bear is always present, but we must feel, see and trust in God’s presence in our lives.

This spiritual awareness of God’s presence in our lives, but truly seeing Him in our presence, is incredibly inspiring and renewing. I found the Metanoia retreat not only provided many prayer experiences and reflections for our use after the retreat, but it also ended with a discussion of becoming part of the Manthano group.

Addressing an estimated 7,000 people gathered for his weekly general audience Jan. 4, the pope encouraged Christians to continue living the joy and mystery of Christmas as they prepare for the feast of the Epiphany, celebrated at the Vatican Jan. 6, and the Feast of the Baptism of the Lord, which the pope planned to celebrate Jan. 8 by baptizing babies in theistine Chapel.

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