Features: Free hot lunch.

**Lenten Study: “Conversion of the Evangelization Committee”**
- The Evangelization Committee of St. Mary’s Catholic Church is hosting a Lenten study series for Ogdensburg area parishes.
- The study will be led by the Spiritual Father of the Diocese of Ogdensburg.
- The study will focus on the spirituality of Matthew Kelly and the preaching of Bishop LaValley.
- The study will begin on March 7 and run until April 18, with sessions on Wednesdays at 9 a.m. and Mondays at 8 p.m.
- To learn more about attending, please contact Cherie at 393-5050 or 393-6466 through email at stmarys5lentenstudy@gmail.com or visit the website at http://www.gouverneurhearts.org/5k.html for info.

**ST. LAWRENCE**
- The 2nd Annual Glory in our Hearts 5K Walk/Run to Remember will be held in Massena.
- The event is to support Sacred Heart/St. Lawrence Council 258 in its community ministry to Latin-Rite Catholics.
- It will be held at Robert Moses State Park Picnic Area at Barnhart Island.
- The event will be held on May 3, with registration starting at 7 a.m. and the race starting at 8 a.m.
- The event fee is $25, which includes lunch, snacks, and a T-shirt.
- For more information, please contact 769-3137.

**NORTH COUNTRY CATHOLIC**
- For more information on the upcoming events and programs, please visit the website at www.northcountrycatholic.com or call 771-1377.

**Lenten Show**
- The Mary Stuart Marlatt Library is sponsoring a bus trip to the Holy Land on April 27.
- The trip will depart at 7:30 a.m. and include a visit to Jerusalem, the Dead Sea, Jericho, and the Western Wall.
- The trip fee is $750 per person, including bus fare, hotel, and meal costs at the Holy Land Tour Company.
- To reserve your seat, please contact 393-5050 or 393-6466 through email at saintmarys5lentenstudy@gmail.com or visit the website at http://www.gouverneurhearts.org/5k.html for info.

**IMMACULATE HEART CENTRAL SCHOOL MYSTERY PLAYENTS 2014**
- The Mystery Play is a performance of the Stations of the Cross, featuring students and faculty from Immaculate Heart Central School.
- It will be held at St. Peter’s Church, located at 3420 Ext. 1411, www.rcdony.org/youth.
- For information, please contact the Youth Office at 315-393-6466.

**Campus minstry in Plattsburgh**
- Campus minister Mary Skil- lerich is heading to the needs of Catholic and non-Catholic students alike for the past four years as Campus Minister at the Blessed John XIII Newman Center in Plattsburgh.
- Our mission is to help students stay focused on their faith at university, which can be particularly challenging at a secular university,” she said.
- The Newman Center, which is open to all students, offers prayer, study, and community.
- It is a place to grow in faith, to grow in friendship, and to grow in community.
- For more information, please contact Mary Skillerich at 518-532-2250 or visit www.rcdony.org/youth.

**Women of Grace Retreat**
- Sponsored by Our Lady’s Retreat Center, the Women of Grace Retreat will be held at 7 a.m. on Friday, March 28, and concludes on Saturday, March 29, at 5 p.m.
- The retreat will focus on the theme of “Why Men Don’t Love Us” and will include talks, workshops, and small group discussions.
- The retreat fee is $175, which includes lodging, meals, and materials.
- For more information, please contact 771-1377.

**St. Mary’s Car Raffle**
- Enter your chance to win a 2013 Chevrolet Sonic 5dr or 125,000 miles (Rivergate’s Cars 4 Kids)
- This year’s event is on April 10, 2014, to benefit St. Mary’s Church and its parishes.
- To learn more, please call the office at 771-1377 or visit the website at www.ourlovenorthcountry.org.

**Fishing for Catholic sisters**
- Catholic sisters will be held at March 5 to mark the renovated 11th annual March as part of National Women’s History Month.
- It is intended to showcase the positive and good works of Catholic da-
- Women of healing and inspiration, from the moments and challenges faced by women and girls in the struggle for freedom and equality.
- Change to the Catholic Church in the United States, the Catholic Church offers a place to worship, to learn, and to grow in faith and community.
- For more information, please contact St. Joseph’s Sister of the Sacred Heart at 771-1377.

**Season of Lent has begun**
- The season of Lent has begun, and the Church invites us to take practical steps to achieve its goal.
- “For Such A Time As This” is the theme of the retreat on April 11, and it will focus on the theme of “Why Men Don’t Love Us.”
- It will feature talks, workshops, and small group discussions.
- The retreat fee is $175, which includes lodging, meals, and materials.
- For more information, please contact 771-1377.

**REMEMBER THAT YOU ARE DUST**
- The summer camp director for 2014 is announced... p. 3
The Pontifical Mission Societies of the Diocese of Ogdensburg, Inc.

The Bishop's Corner

Prior to the Propagation of the Faith

March 3, 2014

Bishop Foy
Alexander R. Razi, Esq., Fe-

Ostal Services March 21, 2014, St.

St. Patrick's Church. St. Lawrence Cemetery, Louisiville

Feb. 27, 2014 at St. Andrew's Church. St. Patrick's Church. St. Lawrence Cemetery, Louisiville

Cathedral - Rev. Joseph A. MOrgan

Feb. 24, 2014 at St. Augustine's Church, St. Peter's Church. St. Lawrence Cemetery, Louisiville

Barber - Rev. Ken J. Gilpin, Esq., Fe-

Ostal Services March 1, 2014, St.

Beaumont, 65; Funeral Services Feb. 27, 2014 at St. Patrick's Church. St. Lawrence Cemetery, Louisiville

12 Days: November 3-14, 2013

 vụ, Warsaw; Kraków; Warsaw; Budapest; Vienna; Prague

Hosted by: Fr. Andrew Amyot

TOUR INCLUDES:

Roundtrip airfare from Chicago to each city's closest airport

Visit: Warsaw - Kraków - Budapest - Vienna - Prague

€3129 Roundtrip from Montreal (6180 USD base price plus €4609 for onionsites in travel safe exchange)

Fr. Andrew Amyot at: Tel: (512)3384-2604 Email: faamyot@amyotwce.org

You know we've had a rough winter when it's easy to sympathize with the arrival of Lent with joy! Lent may bring days of prayer and penance to some, however, and for that spring is its season of blossoming. So, how can all be most grate-eful.

But, of course, even for those who view Lent as a season of joy and welcome, our lives are never completely separate from the world around us. We are called to "recommit ourselves to seeking holiness and to growing in our love of God and service to our neighbors in an ever more responsible way." We are called to "reflect on our lives and what we must do to continue to grow as a community." And, reflecting on our lives and what we must do to continue to grow as a community.

From Pope Francis: people experiencing his presence, we're called to continue to grow as a community.

The Pontifical Mission Societies of Ogdensburg, Inc. The Bishop's Corner for March 3, 2014

Prior to the Propagation of the Faith

The Pontifical Mission Societies of Ogdensburg, Inc.

Mary Lou Kilian

Vice President

Catholic.org

13669-0326

PO Box 326

Addressed to

E-mail:

Mary Lou

This week, the youth ministry announced that the the promise of eternal salvation.

Imagine, a love so complete, so unselfish, so unsparing, that we are called to continue to grow as a community.

The Pontifical Mission Societies of Ogdensburg, Inc.

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In the last days, he was exalted to the right hand of God, and received from the Father the promise of the Holy Spirit, which he had promised.

He has put put to us eternal life and has shown us the way to the truth. He has made known his name to his chosen people, the people of Israel, and has blessed them with every spiritual blessing in heaven.

The Father has put the world in the hands of Jesus Christ, who has been exalted to the right hand of God and has received from the Father the promise of the Holy Spirit, which he had promised.

He has put to us eternal life and has shown us the way to the truth. He has made known his name to the people of Israel, and has blessed them with every spiritual blessing in heaven.
At the Blessed John XXIII Newman Center at Plattsburgh State University

Home away from home... mom away from mom

By John Mulderig

Tired of airport pat-downs? They're nothing compared to the severe smackdown administered by troubled air marshal Bill Marks (Jaimieรมoore) as he slams his way through the popu-
lar thriller "Non-Stop." (Universal)

Though Marks' rough-
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both religiously and for that
most of a student's needs,
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Catholic News Service

SUNY Plattsburgh students.

"One of the things we use
food every night. That's a
as opposed to institutional
"They love the alternative of
home-cooked meal for
Mary sees to it that there's a
every Sunday night, and
Newman Center, one which
students. The students' part
are given out, what I'll do is

For students: Thanks to the generosity of the School Choice Foundation, PLATINUM: IT'S A home away from home, complete with a mom away from mom.

By Elizabeth Newell

The entire student body of St. Mary's School in Ticonderoga (pre-k through grade eight) is pictured during School Choice Week.

Tired of airport pat-
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Marks (Jaimieรมoore) as he slams his way through the
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For students: Thanks to the generosity of the School Choice Foundation,
**Lent: ready or not it’s here. Why do we need it?**

Lent is the time of penance in the Christian calendar, observed by many Christians in preparation for Easter. It is a period of 40 days (excluding Sundays) leading up to Easter Sunday, during which time Christians often engage in acts of fasting, prayer, and reflection.

**Why do we have Lent every year?**

But remember, Lent is not just a time for fasting and prayer. It is a time for self-reflection and examination of our lives. It is a time to prepare ourselves for the celebration of Easter. And the readings today should convince us that we are all sinners, and that it’s pretty arrogant of us to deny it!

The first reading from Genesis goes back to Jesus...the story of the sin of our first parents.

Notice how Satan cleverly goes before a fall is so true. It’s an ongoing process of enslaving us, and they know better than God. To win, he must be obedient “even in detail”, to every subtlety through in the first sin. But for us He must be obedient “even in the essence” of the peak of the Temple.

The Catholic Relief Services Collection is one of the most significant ways to support the most vulnerable people in the world. The collection supports six Catholic agencies working together to help people who are hungry, clean water, provide food, and protect the environment.

On behalf of Archbishop Joseph E. Kurtz, President of the U.S. Conference of Catholic Bishops, I invite you to participate in the 2014 Catholic Relief Services Collection on March 9. The collection offers an opportunity to donate to Catholic agencies working together to help people who are hungry, clean water, provide food, and protect the environment.

The Catholic Relief Services Collection helps Catholic agencies provide relief and assistance to people in need around the world. The collection is an opportunity to support the work of these agencies in the most effective and efficient way possible. Each dollar donated helps to provide a life-saving gift that comes through our sharing in the Passion and Death of Jesus.
Lenten Regulations 2014

March 5, 2014 is Ash Wednesday, which begins the beginning of the Season of Lent.

Abstinence
All Catholics who have reached the age of 14 and 19 (if married) should also observe the Law of Abstinence for the following days:
Ash Wednesday (March 5th), Good Friday, and on the following Monday and Tuesday of Lent. On Ash Wednesday, there is no meat allowed after noon, and on Good Friday, there is no meat at all. Additional abstinence may be practiced for 30 days during the Easter season.

Fast
All Catholics between the ages of 14 and 19 (if married) are required to observe the Law of Fast for the following days: Ash Wednesday (March 5th), Good Friday, and on the following Monday and Tuesday of Lent. On Ash Wednesday, the individual should fast from the last morsel of food and drink at noon. On Good Friday, the individual should fast all day. The fast should be approximately one full meal and one light snack.

Rest in Peace

March 11 – Msgr. Edmund Charles M. Sulka, 1934; Rev. Cornelius O’Mahoney, 1921
March 10 – Meeting for the Committee on Child Protection
March 8 – Ms. Richard Hummel, 1955
March 7 – Ms. Margaret K. Herbert, 1957
March 6 – Ms. Helen L. Honda, 1953
March 5 – Ms. Helen Maze, 1952
March 5 – Mons. Edward Charles M. Dolan, 1951

Pope Francis asks about the need of migration

VATICAN CITY (CNS) – In a letter to an Italian journalist, retired Pope Benedict XVI said his successor is facing the changes that would “enable more formal involvement of senior and experienced clergy in the church, Pope Francis focused on the sacrament of the anointing of the sick, saying, “You came anyway; you’re courageous. Way to go!” he said, as the wind blew loudly around the pope’s hood. The cardinal said the pope’s message reminded him of the passage to explore what “boundless confidence in God operates according to His will.”

But, while the pope emphasizes the importance of “the poor and sinners,” and by doing so, seeks to be an example of the Christian’s love for even the most vulnerable, the “brothers and sisters” cannot be put “off the agenda.”

Pope Francis delivered his first message

All Christians are called to proclaim the liberating news of God’s love, that the committed is possible, that love is possible, that God’s love is possible, that we freely loves and we are free to love. The pope said in his daily Mass, which begins March 5 for the first time in his pontificate.

At his first Mass, Pope Francis said he was “a sense of altruism and purpose.”

God operates according to “the logic of love, the logic of incarnation and the cross” – to be with those who need him most, “to take upon himself the concerns of our sins” and to comfort, save and free people from their injury.

“Giving what freedom, from being a passion and a focus that we will need the compassion, the tenderness and with whole love, his Christ, love. His Christ, love. His Christ, love.”

He said in a letter to the president of the Pontifical Council Cor Unum, which handles the pope’s charitable giving, presenting the Lenten message at a Vatican.

The cardinal said the faithful today are a kind of people that their “blessedness can neither be put to rest by merely by denouncing ‘selfishness’ or ‘our sin’ of others” or denouncing the sin of others or of ‘ourselves’.

Sometimes the only way truly helpful to people is for their care to all people, and especially for the poor, of the persons’ problems just be the poor, of the persons’ problems related to their physical and material wellbeing.
For divorced remarried Catholics: Cardinal outlines possible paths to Communion

By Cindy Wooden
Catholic News Service

VATICAN CITY — The Catholic Church needs to find a way to offer healing, strength and salvation to Catholics whose marriages have failed, who are committed to making a new union work and who want to participate fully in the life of the church, Cardinal Walter Kasper told the world’s Catholics.

Jesus’ teaching on the indissolubility of sacramental marriage is clear, the retired German cardinal said, and it would harm individuals and the church to pretend otherwise.

However, “after the shipwreck of sin, the shipwrecked person should not have to set foot on land only to find himself cast out to sea again in the form of the sacrament of Communion,” he said.

Because they are human and prone to sin, husbands and wives cannot — without the help of grace — pass along the “flesh and blood” of their new relationship, he continued.

For those proposals, he said, “we would be able to develop ‘pas- sion for married couples with their diocesan bishop. He described Jesus’ teaching on the in- dissolubility of a sacramental marriage and the impossibil- ity of a new marriage while the other partner is still alive as ‘an expression of the faith of the church, dissolved by appealing to a price,’” he said. “That means that for one who is a convert, forgiveness is possible. If that’s true for a convert, it should also be true for an adulterer.”

Kasper said it would be up to members of the Church, such as bishops, on the family in Octo- ber and the world Synod of Bishops in 2015 to discuss those proposals for helping civil and re- married Catholics participate more fully in the life of the church.

A possible avenue for finding those proposals, he said, would be to develop “passion for married couples with their diocesan bishop. He described Jesus’ teaching on the indissolubility of a sacramental marriage and the impossibility of a new marriage while the other partner is still alive as ‘an expression of the faith of the church, dissolved by appealing to a price,’” he said. “That means that for one who is a convert, forgiveness is possible. If that’s true for a convert, it should also be true for an adulterer.”

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FOR LENT FOR LIFE

A LENTEN TRADITION

What is CRS’ Operation Rice Bowl?

CRS Rice Bowl is Catholic Relief Services’ Lenten faith-in-action program for parishes, schools, and families. The program invites Catholics to live in solidarity with our poorest and most vulnerable brothers and sisters through the three Lenten pillars of praying, fasting, and almsgiving.

Participants journey throughout the forty days of Lent with the daily reflections included in the Lenten Calendar, offering small, suggested sacrificial gifts to fill their Rice Bowls as they read and watch Stories of Hope from individuals and communities whose lives have been changed by CRS Rice Bowl contributions.

Since 1975, Catholics have been using CRS Rice Bowl to meditate on the love Jesus Christ demonstrates in His Passion and Resurrection and to imitate Jesus’ love for the world through concrete, sacrificial giving to our brothers and sisters in need.

CRS Rice Bowl asks us to:

Pray to deepen our relationship with God and reflect on what type of person He calls us to be.

WAYS TO PARTICIPATE

COOK SIMPLE MEALS

Each year, through CRS Rice Bowl, you are invited to sample food from the featured countries with your family and friends by preparing a simple, meatless recipe shared with us by the people we serve overseas. You can also find a collection of simple, meatless meals from past years that you may want to try during Lent or throughout the year on the website at www.crsricebowl.org/recipe-archive/

Make a Lenten Plan on Ash Wednesday.

Use the Lenten Spiritual Guide that came with your Rice Bowl, or download the pledge form and post it as a reminder throughout Lent.

Once a week during Lent:

• Read the Stories of Hope and learn how you are making a difference through CRS.
• Prepare and share simple meatless meals using the CRS Rice Bowl recipes.
• Put your Lenten offerings into your CRS Rice Bowl. You may also return your gift online.

These fun resources can help bring Lent to life for your family.

• Spend 5 minutes each day in prayer and reflection. The Daily Calendar includes reflections and activity suggestions for each day of Lent.
• Help children learn about Jesus’ Gospel message of love and service to others with these fun coloring pages.
• Test your knowledge of global hunger and poverty realities by taking the World Awareness Quiz.

Make a Lenten “Jesse Tree” or decorate your Easter baskets with the Lenten Prayer Eggs, which offer a visual reminder of the people you are helping through CRS Rice Bowl.

All of the underlined information can be found at www.crsricebowl.org/family-activites/

FOR LENT
FOR LIFE

What you give up for Lent changes lives.

• Fast to remove the things that get between us and God and to live in solidarity with those in need.
• Give alms to our brothers and sisters in need, honoring Jesus’ call to serve our neighbors.

Interested in bringing CRS Rice Bowl to your community?

Check with your parish or school and tell them that you want CRS Rice Bowl to be a part of your community’s Lenten observances. Parishes and schools may order CRS Rice Bowl materials free of charge online (www.crsricebowl.org) or by calling 1-800-222-5025.

Look through our website to find resources that will help bring Lent to life in your parish, school, religious education program, youth ministry program or other faith formation group.

When you give to CRS Rice Bowl...

• 75 percent of your donations support CRS’ humanitarian relief programs in nearly 100 countries worldwide.
• 25 percent of your donations go to hunger and poverty alleviation efforts in your own community.

WHAT YOU GIVE UP FOR LENT CHANGES LIVES

JOIN CRS RICE BOWL TODAY!

crsricebowl.org

About Catholic Relief Services:

Our work is about more than helping people survive for the day. Catholic Relief Services approaches emergency relief and long-term development holistically, ensuring that all people, especially the poorest and most vulnerable, are able to participate in the very fullness of life - to have access to basic necessities, health care and education - all within peaceful, just communities.

To achieve this, we focus on six key areas of services:

Emergencies • Hunger • Education • Health • Peace • Helping at Home

For more information, visit our website: www.crs.org
For divorced, remarried Catholics: Cardinal outlines possible paths to Communion

By Cindy Wooden

Cardinal outlines possible paths to Communion

VATICAN CITY (CNS) - The Catholic Church needs to find a way to offer healing, strength and salvation to Catholics whose marriages have failed, who are committed to making a new union work, and who wish to remain members of the Church and with the grace of Communion, Cardinal Walter Kasper told the world's cardinals.

Jesus' teaching on the indissolubility of sacramental marriage is clear, the retired German cardinal said, and no human being or group of human beings could or should do otherwise.

However, "after the shipwreck of sin, the shipwrecked person should not have a second boat at his or her side," he said, referring to the "nausea" in the form of the sacrament of Communion, he said.

Pope Francis had asked Cardinal Walter Kasper, a well-known theologian and author of a book on mercy as a fundamental trait of God, to introduce a Feb. 21-23 discussion by the Congregation for the Doctrine of the Faith, headed by the then-Archbishop of Freiburg, Germany, Cardinal Joseph Ratzinger, now Pope Benedict XVI.

This council was called after the publication of the "Benedict XVI's狎 h" pontificato" - an "apostolic exhortation," a "path beyond strictness and僵化" - that would adapt the gradual process for the reconciliation of sinners into full communion with the church, up to the first centuries of Christianity.

To avoid the greater evil of offering no help to the divorced and remarried, cut-off their children from the church, the pope said, the church "could tolerate that marriage is possible" as a "capping" - a "second union.

But the church also must work "as an militant and accomplishing" - a "path beyond strictness and僵化" that would adapt the gradual process for the reconciliation of sinners into full communion with the church up to the first centuries of Christianity.

"A true vocation is an intimate relationship with God," he said. "Developing that love is our goal in formation.

Father McPhee's visit to Watertown included discussions with Father Vincent Ferrari, the area superior; Father Jonas Tandayu, pastor of Our Lady of the Sacred Heart; Father Pierre Aubin, pastor of the Roman Catholic Community of Cape Vincent; Korniers and Charlemagne, Father David Delicata and Brothers Peter Marceau and Charles Rosiere and Chaumont; Father Pierre Aubin, pastor of the Sacred Heart on fire in love with God.

Today the order has grown to 1900 missionaries working in 54 countries around the world. Today the order has grown to 1900 missionaries working in 54 countries around the world. Today the order has grown to 1900 missionaries working in 54 countries around the world. Today the order has grown to 1900 missionaries working in 54 countries around the world.

The Missionaries of the Sacred Heart were founded in 1854 in France. The first North American mission, which has taken it to India, Papua New Guinea and Laos among other places, is focusing next on Central America.

"I want to join our sisters in many of the missions," Father McPhee said, "but a true vocation is witnessed by a heart on fire in love with God and a willingness to let God love in return."
Lenten Regulations 2014

A reminder that this year’s Chrism Mass during the Celebrations of the Sacrament of Penance.

The most well-known ‘spiritual discipline’ that many Catholics observe is the practice of fasting and abstaining.

Lenten Regulations 2014

The most well-known ‘spiritual discipline’ that many Catholics observe is the practice of fasting and abstaining.

Pope Francis delivers his first message

All Christians are called to ‘proclaim the liberating news of God’s love and to celebrate the radical sacrifice and poverty of Christ’. We believe this is possible only if we have a ‘healthy sense of sinfulness’, that we freely love and serve God, and that we were made for communion and eternal life.

During one meal this week, after considering how our choices can make a difference for God’s Creation, are intrinsically connected and irreversible events in the life of Jesus.

Pope: Sacrifice key to reaping wealth of God’s love, fighting misery

The Gospel is the real antidote to spiritual destitution, he said, and the re-presentation of the Lord’s command to reform our lives, fast, and serve others, are all excellent ways to fulfill this spiritual discipline.

‘Spreading the joy of the Gospel, the breathing of prayer, and the offering real hope for the world rich with God’s love, fighting misery’

The cardinal said the Pope’s message reminds people of their dignity lead to material poverty, which is a cause of discrimination, abuse, and violence against women, minorities, and the poor. The material poverty suffered by those who lack the basic necessities for food, water, work, development and ‘access to education and healthcare’.

Sometimes the unjust social order is the cause, he added, that rob people of their dignity lead to fasting, prayer, ‘sacrifice’ and ‘poverty’.

When power, luxury and money become idols, they take priority over the need for a fair distribution of wealth. Our consciences thus need to be purified of the sin of ‘materialism’ and ‘the accumulation of wealth’.

While Lent is a time for ‘forbearance’ and ‘abstinence’, he added, ‘material sacrifice and poverty’ should not be an excuse for ‘spiritual destitution’.

‘Abstinence’

All Catholics who have reached their 14th birthdays are bound to observe Lent through fasting, prayer, and almsgiving during the following days: Ash Wednesday, March 5th, to Good Friday, March 14th, inclusive.

‘Fasting’

All Catholics between the ages of 14 and 59 must observe the Law of Fasting and Abstinence during the following days: Ash Wednesday (March 5th), Good Friday (March 14th), and Good Friday from noon to sunset. ‘Fasting’ is, eating less, involves limiting oneself to a single meal, or eating only once during the daytime.

‘Abstinence’

The entire season of Lent should be observed in a spirit of prayer and penance. Spending extra time in prayer or Bible study, attends to personal sacrifices to oneself, or fasting and to obey the Lord’s command to reform our lives, fast, and serve others, all excellent ways to fulfill this spiritual discipline.

‘Fasting’

The Catholic Church teaches that prayer and fasting are two distinct, yet closely connected, spiritual disciplines that have been used by the faithful for centuries.

‘Abstinence’

The Catholic Church teaches, through the gift of the Holy Spirit, that we are bound also to observe the Law of Fast on two other occasions in the course of the day.

‘Fasting’

The Catholic Church teaches that prayer and fasting are two distinct, yet closely connected, spiritual disciplines that have been used by the faithful for centuries.

‘Abstinence’

M.S.C., 1940

Rev. John G. Craven, 1921

MARCH 10 – Rev. Hector Mauriot, M.M.

MARCH 8 – Rev. William B. Nyhan, M.M.

MARCH 7 – Rev. Alexander K. Klauder, M.M.

MARCH 6 – Rev. Louis F. Lussier, M.M., 1915;

MARCH 5 – Rev. Edward J. Murtaugh, M.M., 1949

MARCH 9 – 2:30 p.m., Rite of Election for Candidates for the Sacrament of Confirmation; Veneration of the Holy Cross in the Cathedral 4:00 p.m.; Rite of Election for Candidates for the Sacrament of Confirmation; Veneration of the Holy Cross in the Cathedral 4:00 p.m.

“Abstinence”

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“Spending extra time in prayer or Bible study, attends to personal sacrifices to oneself, or fasting and

During one meal this week, after considering how our choices can make a difference for God’s Creation, are intrinsically connected and irreversible events in the life of Jesus.

Pope Francis delivers his first message

All Christians are called to ‘proclaim the liberating news of God’s love and to celebrate the radical sacrifice and poverty of Christ’. We believe this is possible only if we have a ‘healthy sense of sinfulness’, that we freely love and serve God, and that we were made for communion and eternal life.

‘Spreading the joy of the Gospel, the breathing of prayer, and the offering real hope for the world rich with God’s love, fighting misery’

The cardinal said the Pope’s message reminds people of their dignity lead to material poverty, which is a cause of discrimination, abuse, and violence against women, minorities, and the poor. The material poverty suffered by those who lack the basic necessities for food, water, work, development and ‘access to education and healthcare’.

Sometimes the unjust social order is the cause, he added, that rob people of their dignity lead to fasting, prayer, ‘sacrifice’ and ‘poverty’.

When power, luxury and money become idols, they take priority over the need for a fair distribution of wealth. Our consciences thus need to be purified of the sin of ‘materialism’ and ‘the accumulation of wealth’.

While Lent is a time for ‘forbearance’ and ‘abstinence’, he added, ‘material sacrifice and poverty’ should not be an excuse for ‘spiritual destitution’.

‘Abstinence’

All Catholics who have reached their 14th birthdays are bound to observe Lent through fasting, prayer, and almsgiving during the following days: Ash Wednesday, March 5th, to Good Friday, March 14th, inclusive.

‘Fasting’

All Catholics between the ages of 14 and 59 must observe the Law of Fasting and Abstinence during the following days: Ash Wednesday (March 5th), Good Friday (March 14th), and Good Friday from noon to sunset. ‘Fasting’ is, eating less, involves limiting oneself to a single meal, or eating only once during the daytime.

‘Abstinence’

The entire season of Lent should be observed in a spirit of prayer and penance. Spending extra time in prayer or Bible study, attends to personal sacrifices to oneself, or fasting and to obey the Lord’s command to reform our lives, fast, and serve others, all excellent ways to fulfill this spiritual discipline.

‘Fasting’

The Catholic Church teaches that prayer and fasting are two distinct, yet closely connected, spiritual disciplines that have been used by the faithful for centuries.

‘Abstinence’

The Catholic Church teaches, through the gift of the Holy Spirit, that we are bound also to observe the Law of Fast on two other occasions in the course of the day.

‘Fasting’

The Catholic Church teaches that prayer and fasting are two distinct, yet closely connected, spiritual disciplines that have been used by the faithful for centuries.

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The entire season of Lent should be observed in a spirit of prayer and penance. Spending extra time in prayer or Bible study, attends to personal sacrifices to oneself, or fasting and to obey the Lord’s command to reform our lives, fast, and serve others, all excellent ways to fulfill this spiritual discipline.

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The entire season of Lent should be observed in a spirit of prayer and penance. Spending extra time in prayer or Bible study, attends to personal sacrifices to oneself, or fasting and to obey the Lord’s command to reform our lives, fast, and serve others, all excellent ways to fulfill this spiritual discipline.
that have to do with me? Giving? What does Lent every year? Lent marks the first time the Church gives us, of course, that this winter has been one of the milder winters in recent memory. Lent 2014 has been one of the mildest winters in recent memory.

SC RTU RE REFLEC TIO N S

Paul E. Monsignor Whitmore

sinner” “I haven’t done any- ally are sinners, and us to deny it! That’s why we need Lent every year.

The first reading from Genesis goes back to Is-... the story of the sin of our first parents. Notice how Satan cleverly persuades Eve that God would be jealous if they “be- came like God, knowing good and evil”. She is just as guilty as Eve and so are we all. The saying, “Pride goes before a fall” is true. We need Lent to get rid of our arrogance that we’re not all sinners and that it’s pretty arrogant of us to deny it! That’s why we need Lent every year.

The Second reading from St. Paul to the Romans tells us that “Just as through the disobedience of one man...” one woman; the many were made sinners, so through the obedience of one the many will be made righteous”.

The Gospel is the story of Satan’s attempts to trap Jesus at the peak of the Temple. Everyone will know that the lamb to each widow along with instruc- tions to help them earn, provide a savings to tax- payers. The measure provides an equal level of support for public schools enabling pub- lic schools to restore, start or expand important programs for students.

The bill would increase support to public schools; in fact it would take any money from public schools. In fact it would increase support to public schools.

The bill also gives every Catholic and other reli- gious and independent school a $400 tax credit for their out-of-pocket purchases of classroom supplies. The Senate has twice passed the measure and a majority of Assembly mem- bers co-sponsor the bill. The time is right to enact it into law as part of the state budget.

The Catholic schools face a continuing economic crisis. A significant number of our schools have been forced to close and the solvency of others is increasingly threatened as fewer families are able to afford the dual bur- den of taxes and tuition.

The Catholic schools, which all strive to bring their work of education, formation, and proclamation of the Gospel, are a most valuable resource and produce a savings to tax- payers. The measure provides an equal level of support for public schools enabling pub- lic schools to restore, start or expand important programs for students.

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The law would allow religious and independent schools to stay open, saving billions of tax dollars per year that otherwise would be spent to edu- cate their children in schools in the public schools. The law would also increase support to public schools and produce a savings to tax- payers.

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Home away from home... mom away from mom

By Shaw Ryan
Assistant Managing Editor

PLATTSBURGH — It’s a home away from home, complete with a mom away from mom.

The Blessed John XXIII Newman Center at Plattsburgh is a place for students and the permanent community alike come to celebrate Mass, have Mass here on Sundays. It’s that spirit of hominess that helps to keep some students coming, and helps to bring the occasional non-Catholic into the Newman Center. “We have the Newman Center here as a refuge, as a place to go to worship, we have Mass here on Sundays,” Father Canaan said. “We have the Newman Center at the Newman Center.”

It is wired into his bank account, for instance, turns a tidy profit. Marks, however, is no Hercule Poirot; he relies far more on the aid of veteran stewardess and Williamsonian non-Catholic into the church and campus ministry as they feel comfortable.

Though Marks’ rough downs? They’re nothing to worry about. By the time the permanent community will come together with Ms. Skillan and Campus Minister Mary Skillan, front center; and Father Timothy Canaan, are shown with some of their college parishioners at the Blessed John XXIII Newman Center in Plattsburgh.

As finals loom just around the corner, Ms. Skillan and Campus Minister Mary Skillan are shown with some of their college parishioners at the Blessed John XXIII Newman Center in Plattsburgh.

By Michael Mahoney
Chief News Officer

N O R T H  C O U N T R Y  C A T H O L I C

Two Chicago priests were present at the college in addition to students.

At the Blessed John XXIII Newman Center at Plattsburgh State University

Tired of airport pat-downs? They’re nothing compared to the severe, small-town administration that troubles air marshals and security agents. But the Newman Center is run by Father John XXIII Catholic, the reformer pope, whose name has become synonymous with non-Catholic students.

Father John XXIII Catholic is run by Father John XXIII Catholic, the reformer pope, whose name has become synonymous with non-Catholic students.

While a home-baked treat or a bowl of home-cooked rice may be the tangible outcome, the rest of the bags to students, “We have the Newman Center at the Newman Center,” said Skillan. “They have fellowship with each other. It’s that spirit of hominess that helps to keep some students coming, and helps to bring the occasional non-Catholic into the church.”

By John Mulderig
Staff writer

“The entire student body of St. Mary’s School in Ticonderoga (pre-K through grade eight) is pictured during School Choice Week.”

Non-stop

THREE CHEERS FOR SCHOOL CHOICE!

The entire student body of St. Mary’s School in Ticonderoga (pre-K through grade eight) is pictured during School Choice Week.

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Guggenheim director named

Deacon Brian Dryer, diocese-
sanctuary director of youth min-
istry, has announced that Kay- 
Dorothy Plattsburgh for April 20-
year-old youth worker in 

Michael McShane, director of 

He now will be based at the 

Mr. Dryer will continue to work 

Mary Ralph

Rexford, who will begin his work 

During his time at the Gug-

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Mr. Dryer will begin his work 

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The new director will be based 

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During his time at the Gug-
You know we've had a rough winter when it's easy to wrap up your coat to effect a "full" since "God alone can truly save and free us."

But, of course, even Fr. Bill Saya, in the inspiring messiah of St. Joseph the Worker and our bishop, we are reminded just as much of "what we need" as we recognize how "God is not a God of the living." Once again, we are publishing this special edition about the traditions of Lenten experiences in the Diocese of Ogdensburg. This program, sponsored by Catholic Relief Services "invites Catholics to live in solidarity with the poorest and most vulnerable brothers and sisters through the three Lenten pilgrimages of praying, fasting and almsgiving." We are sure that the passion to seek holiness can all be most greatly enriched.

The Pontifical Mission Societies of the Diocese of Ogdensburg, Inc.

Lent: welcome to this time of need

The Season of Lent – it’s all about Easter

From the desk of sister Mary Ellen Brett, SSJ

As Lent approaches, I’m sure you will spend many quiet moments reflecting on Christ’s tremendous sacrifice of love for us. As we recall the passion and death of Our Lord, we contemplate the promise of eternal salvation. “I came not to bring salvation to myself.” The answer is different for everyone, but it is certain that we all share in the love of Jesus expressed in the passion and death of Our Lord. So, how are we to receive the Easter season? From Pope Francis, we can hear that Lent is about Baptism – our own share in the sacrifice and death of Jesus as a disciple. Baptism changes not just as a follower, not just as a baptized person, but as one with God. I am united in a unique way with our God. In Baptism – that has united us in Christ’s Resurrection and our own share in the resurrection, our own share in the risen Lord. The Lenten journey begins as I remember, it was painful. But it was a journey to make my life closer to my Lord. This is a special time to refortify our Church. I am certain he could use our prayers and support. Pope Francis has already made one request of us in the Church. His major reform has been a significant one: the elevation of hearts and minds – a most appropriate way to look at life. He has been our model – an ordinary man with a humble spirit, with a humble spirit, with a humble spirit. And, he has had a unique way to draw closer and to become my "mon good" – is another powerful image. As you know, the Society for the Propagation of the Faith is one of the four Pontifical Mission Societies which are the principal support system for the Missions of Hope, World Youth Day, and our Diocese. The answer is different for everyone, but it is certain that we all share in the love of Jesus expressed in the passion and death of Our Lord. So, how are we to receive the Easter season? From Pope Francis, we can hear that Lent is about Baptism – our own share in the sacrifice and death of Jesus as a disciple. Baptism changes not just as a follower, not just as a baptized person, but as one with God. I am united in a unique way with our God. In Baptism – that has united us in Christ’s Resurrection and our own share in the resurrection, our own share in the risen Lord. The Lenten journey begins as I remember, it was painful. But it was a journey to make my life closer to my Lord. This is a special time to refortify our Church. I am certain he could use our prayers and support. Pope Francis has already made one request of us in the Church. His major reform has been a significant one: the elevation of hearts and minds – a most appropriate way to look at life. He has been our model – an ordinary man with a humble spirit, with a humble spirit, with a humble spirit. And, he has had a unique way to draw closer and to become my "mon good" – is another powerful image.
LENTEN PROGRAM
North Country Catholic is holding the Lenten program titled “Conversion” by Bishop Mark S. Miles, the Apostolic Administrator of the Diocese of Ogdensburg. Bishop Miles will be speaking at St. Joseph’s Church in Plattsburg on March 6, at St. Mary’s Church in Saranac Lake on March 7, and at the St. Mary’s Church Family Room on March 8. In addition to Bishop Miles’ talks, there will be a variety of other events and programs to help people prepare for Lent, including a Lenten Study Series, a Lenten Retreat, and a Fish Fry during Lent.

MARCH 5, 2014

IMMACULATE HEART CENTRAL SCHOOL MEDITATION LENTY PLAYERS MENT

Time
Place
March 18
ST. CECILIA’S
ADAMS
7:30 PM
March 25
ST. BERNARD’S
SARANAC LAKE
7:30 PM

DIOCESAN EVENTS

Lenten regulations

For fasting, celebration of the Eucharist, penance and more...