Bishop Lucia installed, ordained

SYRACUSE – Despite cloudy skies outside, there was plenty of light inside the Cathedral of the Immaculate Conception Aug. 8 as Bishop Douglas J. Lucia was ordained and installed as the eleventh bishop of the Diocese of Syracuse.

More than 20 bishops celebrated the Mass, including Ordaining Prelate Cardinal Timothy M. Dolan, Archbishop of New York; Principal Co-Consecrating Bishops Robert J. Cunningham, Bishop Emeritus of Syracuse, and Terry R. LaValley of Ogdensburg; and Syracuse native Archbishop Borys Gudziak, who was recently enthroned as the Archbishop-Metropolitan of the Ukrainian Catholic Church.

CONTINUED ON PAGE 2

DIOCESE SAYS ‘FAREWELL’

JESSE SOVIE/NORTH COUNTRY CATHOLIC

Bishop Douglas J. Lucia chats with diocesan residents who attended the reception after his Farewell Mass on July 27.

In a crowded St. Mary’s Cathedral on a hot July day, then Bishop-elect Douglas J. Lucia reflected on prayer, as he delivered the homily at a Farewell Mass held in his honor, which drew a large crowd from around the diocese.

Bishop Lucia was ordained and installed as Bishop of Syracuse on Aug. 8.

FULL STORY, PAGE 13
The eleventh Bishop of Syracuse

for the Ukrainian Catholic Archeparchy of Philadelphia.

They were joined by more than 25 seminarians, more than 70 deacons, and more than 180 priests, including Msgr. Walter Erbi, Chargé d’Affaires at the Apostolic Nunciature in the U.S.

Some 700 religious, lay, and ecumenical representatives made up the joyful assembly.


Bishop Lucia then presented the Apostolic Letter, the official document from Pope Francis appointing him as Bishop of Syracuse, to the cardinal and the assembly.

Msgr. Erbi, speaking from the pulpit, offered words of thanks to Bishop Cunningham for his years of service and of congratulations and gratitude to the bishop-elect.

“Your name, Lucia, has its origins in the [Italian] word for ‘light’ and can be understood even as a gentle light,” he said. He quoted Pope John Paul II’s words in his apostolic exhortation: Pastores Gregis: “Only by the light and consolation born of the Gospel can a Bishop succeed in keeping his own hope alive and in nourishing the hope of those entrusted to his pastoral care.”

With these sentiments in mind, “we express our confidence that Bishop-elect Lucia, as he faithfully teaches, sanctifies, and governs in the name of the Lord, will be for the clergy, religious, and laity entrusted to his pastoral care an authentic servant of the Gospel and an effective herald of Christ Jesus, our hope, radiating his gentle light over the people of God in Syracuse,” Msgr. Erbi said.

The first reading, Isaiah 61:1-3, was proclaimed by Bishop Terry R. LaValley, Bishop-elect’s brother. The second reading, Acts 3:1-10, was proclaimed by Sister Mary Eamon Lyng, Major Superior of the Sisters of St. Joseph of Watertown. The Scripture passage tells the story of “the crippled beggar” who is healed through Jesus. The apostle Peter says to the man, “I have neither silver nor gold, but what I do have I give you: in the name of Jesus Christ the Nazorean, [rise and] walk” (Acts 3:6). It is the passage from which Bishop Lucia’s episcopal motto, “In the Name of Jesus,” is drawn.

The Gospel reading, Matthew 5:13-16, was proclaimed by Deacon Daniel E. Caughey, a Syracuse seminarian. The Scripture’s focus on light again referenced the bishop-elect’s last name: “Jesus said to his disciples: ‘You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.’”

The Rite of Ordination began with the singing of “Veni Creator Spiritus,” (“Come Creator Spirit”).

Cardinal Dolan offered the homily, telling Bishop-elect Lucia that in a special way, he is called to be “Christ in our midst” to a Church “that can be tempted at times to be weak” and to “proclaim to us the truth that St. Peter spoke to that beggar.”

Cardinal Dolan also drew inspiration from the bishop-elect’s last name: “Jesus is the light of the world and he reminds us in this afternoon’s Gospel that we too are lights of the world. You, my brother, will now carry the crosier, which I’ll have the privilege of giving to you in a moment. But you’ll carry not only a crosier. From now on you carry a lantern, the light of Christ. You will bring us that light of Christ.”

Following an ancient custom of the Church, Cardinal Dolan then questioned Bishop-elect Lucia about his resolve to uphold the faith and to fulfill the responsibilities of the episcopal ministry.

During the Litany of Supplication, Bishop-elect Lucia prostrated himself on the floor of the Cathedral over the crest of the
‘Humble privilege to be called to serve you’

Cardinal Timothy Dolan questions Bishop-elect Lucia about his resolve to uphold the faith and to fulfill the responsibilities of the episcopal ministry.

Chuck Wainwright/The Catholic Sun

Cardinal Dolan imposed his hands on the head of Bishop-elect Lucia, invoking the power of the Holy Spirit. Co-consecrators Bishops Cunningham and LaValley followed, along with all the other bishops present.

The Book of Gospels, held by Deacons John Drollette of Ogdensburg and Scott Harris of Syracuse, was placed over the head of Bishop-elect Lucia, a sign of the power of God's word.

Cardinal Dolan and the bishops then prayed the Prayer of Ordination, which asks, in part, “Grant, O Father, knower of all hearts, that this, your servant, whom you have chosen for the office of Bishop may shepherd your holy flock. Serving you night and day, may he fulfill before you without reproach the ministry of the High Priesthood; so that, always gaining your favor, he may offer up the gifts of your holy Church.”

Bishop Lucia's head was anointed with holy Chrism, signifying the full share in the priesthood of Christ that he has received through the Laying on of Hands and the Prayer of Ordination.

Bishop Lucia was presented with the Book of Gospels and commissioned to evangelize with all patience and sound teaching.

He was then given the signs of his office. The ring, symbolizing the bishop’s fidelity to his nuptial bond with the Church, was presented by Sister Mary Anne Heenan, CSJ, Province Director of the Sisters of St. Joseph of Carondelet. The miter, a sign of his role as herald of truth, was presented by Deacon Thomas Cuskey, Associate Director of Deacon Formation.

The crosier (pastoral staff), a sign of his shepherding and governing office, was presented by Father John Manno, head of the diocese's Presbyteral Council.

Cardinal Dolan then escorted Bishop Lucia to the cathedra, the bishop's chair, where he took his seat as the eleventh Bishop of Syracuse to thunderous applause from all present.

Bishop Lucia then received the fraternal kiss from Cardinal Dolan and all the other bishops, welcoming him into the College of Bishops.

Following Communion, Bishop Lucia walked through the Cathedral, blessing those gathered.

As the liturgy closed, he offered remarks, thanking his family, brother bishops and priests, all those present, and all those who had a hand in helping organize the day’s celebration.

To his predecessor Bishop Cunningham, Bishop Lucia said, “With a grateful heart I and the clergy, religious, and lay faithful of the Diocese of Syracuse salute your dedicated ministry to our diocesan family. We are so grateful that you have chosen to remain here among us, and I know I look forward to your continued service in the Church of Syracuse as our bishop emeritus.”

“For the last 30 years, I have cherished ministering to God's holy people as a member of the Ogdensburg Diocese and presbyterate,” Bishop Lucia continued. “To them, thank you seems so little, but I will try by converting my thanksgiving into 'thanks-living' for the countless blessings I have received from this most precious portion of the People of God. And just so you know, they have tried to train me properly for my new role. They even sent me with the proper attire…”

Bishop Lucia then donned a custom-made zucchetto in Syracuse University orange, which had been presented to him at a Farewell Mass in Ogdensburg's St. Mary's Cathedral July 27. Amid laughs and applause, he assured the assembly that he'd also be getting a green zucchetto, a nod to the colors of Syracuse's Le Moyne College.

The bishop said it was his “humble privilege to be called to serve you and to walk with you on the journey of faith, hope, and love.”

“As you have heard since the day of my appointment as Bishop of Syracuse, I sum up this journey with the words, 'In the Name of Jesus.' This is the mission as a successor to the apostles I have been given and that together we share. It's about letting our neighbors, especially those who may feel they are on the fringe, unwanted or forgotten, see and know the tender compassion of our God through each of us. Together, what we are about is ‘Radiating Christ’ and reminding ourselves and our fellow citizens of the holy ground on which all life stands from conception to natural death.”

“Today we begin a new chapter in the ongoing faith story of the Catholic Church in Central New York. So now let’s turn the page with eager anticipation, knowing even now that it is the hand of the Lord who feeds us and it is He who answers all our needs. In the words of St. Dominic, whose feast this is, ‘We must sow the seed and not hoard it.’”

Relax this summer with your subscription to the North Country Catholic, the newspaper for the Diocese of Ogdensburg.

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Bishop Terry R. LaValley celebrated the Farewell Mass for Bishop Douglas J. Lucia at St. Mary's Cathedral on July 27. He was joined by priests from around the region in congratulating and praying for the new bishop.

FOLLOW ME

Congratulations and prayers go out to Bishop Lucia

On August 8, 2019, in the thirtieth year of his priesthood, Bishop-elect Douglas J. Lucia concluded his ministry to the people of the North Country and became the Chief Shepherd of the Church of Syracuse.

Congratulations Bishop Lucia! I know personally how big the shoes are that he must now fill as Bishop Cunningham claims the title of Bishop Emeritus of Syracuse. We congratulate Bishop Lucia for his faith-filled episcopal ministry to the Church and pray the Lord keep him in good health.

As prayers were voiced, hymns sung, the saints invoked, and Cardinal Dolan presented Bishop Lucia with the bishop's miter and pastoral staff at the Cathedral of the Immaculate Conception, the new bishop joined the ranks of the successors to the Apostles of Jesus Christ. We rejoice with the faithful of Syracuse as they welcome their eleventh bishop.

Bishop Lucia's absence will be keenly felt here in the North Country. He has been a trusted friend since our seminary days at Wadhams Hall and a source of invaluable assistance and personal support through the years. So many in our beloved North Country have been uplifted and strengthened in our journeys through his pastoral ministry.

Bishop Lucia’s strong faith and deep love for the Church will enable him to lead the faithful of Syracuse with confidence, inspired hope and Gospel joy.

We congratulate Bishop Lucia’s parents, Betty and Leward, and his brothers, David and Paul, and sister, Ann, and their loved ones as they claim a bishop in their family. The strong faith witness of the new bishop’s parents clearly was instrumental in creating a culture of vocations in the Lucia household. Thank you, Betty and Leward! With the proud parishioners of Holy Angels parish in Altona and all the folks of the North Country, we congratulate Bishop Lucia and assure him of our continued prayers as he begins his episcopal ministry in Syracuse In the Name of Jesus.

Father Doug

† has been a teacher and mentor in the Formation program for Permanent Deacons.
† has been a presenter on Worship and Canon Law at each of the last six annual gatherings of the Deacons of our Diocese.
† has been a collaborator with deacon assistants in each of his recent pastoral assignments.
† has been a friend to his brother deacons.

The Deacons of the Diocese of Ogdensburg are grateful to God that He has called our friend to be:

Bishop Douglas John Lucia

11th Bishop of the Diocese of Syracuse

Congratulations!

The Society of St. Lawrence
Deacons of the Diocese of Ogdensburg
The Catholic Family in Ogdensburg Congratulates and offers prayers to Bishop Lucia

The Catholic Foreign Mission Society of America “Maryknoll” And two of its missioners, Malone Natives, Brother Wayne Fitzpatrick, MM and Fr. Daniel L. Chapin, Priest Associate wish to offer their Congratulations to Bishop Lucia

FELICIDADESI
A bishop from among us

Today, I would like to join everyone in this issue as we all congratulate our own Father Douglas Lucia as he is ordained a Bishop and becomes installed the Bishop of the Diocese of Syracuse. This is a very special occasion for him and for us, the people of the Diocese of Ogdensburg. Our diocese is honored for being recognized – one of our own priests has been chosen by our Church to become a Bishop, the Bishop of the Diocese of Syracuse.

I was thinking today that I wish I had the opportunity to speak to each of the priests of the Diocese of Syracuse. I want to tell them how fortunate they are in this opportunity of having Bishop Lucia as their next Bishop. Bishop Douglas will be a powerful gift to their diocese, a gift to the priests and people of the Diocese of Syracuse.

I know well that the Holy Spirit recognized something special in Bishop Lucia. He has always displayed a loving humility that will guide him in his ministry as a Bishop. The people of the Diocese of Syracuse will discover quickly his readiness to be a part of the life of their diocese as their Bishop.

Personally, I have been fortunate as a priest of the Diocese of Ogdensburg to have experienced the leadership of several Bishops. I know that each new Bishop assigned here took some time for this new adjustment. So, today, I pray for Bishop Lucia as he becomes acquainted with the people of each parish in his diocese. I invite you to join me in these prayers for our friend, Bishop Lucia. He will always be a part of this North Country.

I want you to know that one of the finest qualities of the presbyterate of this diocese, the Diocese of Ogdensburg, is our close fellowship and community. I discovered this early on in my own priesthood here. And this close community spirit always includes our Bishops. I often meet a former Bishop of our Diocese of Ogdensburg, and they continue to talk of the joy they found as part of this diocese. I am certain today that Bishop Lucia will take with him this spirit of community, that peace of working together, joined in love with the Lord Jesus. He will pass along that North Country Spirit wherever he ministers.

I attended the Vesper Service the evening before Bishop Lucia’s ordination. This service was very prayerful. It was led by Bishop Cunningham, the retiring Bishop of Syracuse. Bishop Lucia presented the homily. He began with a description of his own background, training and ministry until now. He seemed to reach out to the people of the diocese of Syracuse confidently promising to listen, hoping to understand their expectations of his service as their new Bishop.

I have noticed in the Syracuse diocesan newspaper that Bishop Lucia has quite an extensive schedule the next few months. He will be visiting and celebrating several parishes to visit and celebrate Mass – a time for him to discover his new diocese as he introduces himself to his people.

On that evening of the Vesper Service, Bishop Lucia greeted the people at the door of the Cathedral. This gave me and some of the priests of the Ogdensburg Diocese the chance to spend time with him. At the same time, we had time to visit with Bishop Cunningham, as well as another former Bishop, Bishop Barbarito. This was a pleasant time to share memories of their time with us in the North Country. While the events of this celebration were a very special time for the Diocese of Syracuse, it also became a time of recognition for the Diocese of Ogdensburg. We were certainly noticed – one of ours has been chosen to be the new Bishop of Syracuse.
BISHOP LUCIA,
WE PRAY FOR SUCCESS IN
YOUR NEW MINISTRY.

YOUR FRIENDS IN THE
DIOCESAN FISCAL OFFICE

Bishop Lucia

GOD’S BLESSINGS
UPON YOU AS YOU
ASSUME YOUR DUTIES
AS CHIEF SHEPHERD.
YOU ARE ALWAYS IN
OUR PRAYERS!

St. Raphael’s Church, Heuvelton
and
Ss. Philip and James Church, Lisbon

St. Patrick’s Church
in Watertown,
Is proud to have been Bishop Lucia’s
first assignment as a priest.

From the Parishioners of St. Patrick’s and St. Anthony’s
New bishop known for his pastoral nature

By Katherine Long
The Catholic Sun

In the quiet of the week before the announcement of his appointment as the 11th bishop of the Diocese of Syracuse, when only a handful of people knew what was to come on June 4 and he could tell no one about it, Father Douglas J. Lucia spent a lot of time in prayer.

“I was just praying over and over again, ‘Lord, what would you say?’” he recalled during an interview about a month after that announcement and about a month before his ordination and installation.

The story that kept coming to him again and again, he said, was one that had struck him during the Easter season: Acts 3:1-10. The scripture passage tells the story of “the crippled beggar” who is healed by Peter through Jesus. The apostle says to the man, “I have neither silver nor gold, but what I do have I give you: in the name of Jesus Christ the Nazorean, [rise and] walk” Acts 3:6.

“This man is stuck and is lifted up,” the Bishop said. “I just thought that was such a wonderful image of what I see the ministry of the bishop as.”

Over his 30 years of priesthood in the Diocese of Ogdensburg, Bishop Lucia, 56, has had a unique window into the ministry of the bishop: He served as secretary or master of ceremonies to four of Ogdensburg’s previous ordinations and is a close friend of the current bishop, former Wadham’s Hall Seminary classmate Terry LaValley.

But while he has certainly learned lessons from those bishops, it is the experience gained through his own priestly ministry that will guide Bishop Lucia as he takes on his new role.

“What's my approach as bishop? I'm a pastor. I don't see myself any different,” he said.

That vision syncs with the counsel offered to the Bishop by Bishop LaValley: “His one piece of advice to me has simply been, ‘Be yourself. Just be yourself.’”

To Bishop Lucia, that means being a pastor and a servant leader. He referenced a sign that hangs in his rectory, which notes that the best sermon you can give is the one given with your life.

“To me, that’s what it’s all about. The best way I can preach God’s word is with my life. As Pope Benedict was always fond of reminding people, the Good News of Jesus Christ is not a message, it’s a person,” he said.

Family man

Bishop Lucia is an identical twin, the surprise second son born right after brother David.

David said that as youngsters the two of them “played like normal kids and fought like normal kids.” Both brothers swear they didn’t use their identical looks to pull pranks or get up to no good, though David confirms they share an intuitive twin connection. (One notable disconnect is their baseball allegiances: Bishop Lucia is a Boston Red Sox fan; David roots for the New York Yankees.)

So David was not at all surprised when his brother Douglas pursued the priesthood.

“All his life wanted to be a priest,” David said. “He used to practice saying Mass at home,” complete with an altar and vestments made by their mother, Betty.

David is also not surprised that his brother will become a bishop — he’s been expecting it since Father Lucia was sent to study canon law at the Pontifical University at St. Thomas Aquinas in Rome.

“He’s a kid taking his classes in a foreign language and graduating with honors,” he said.

David also cites his brother’s work ethic, noting that he “goes above and beyond” as a priest. As a bishop, he will surely do the same.

“He will listen to the people and he will try and abide by what the people want, but he also knows that there are things that have to be done,” David said. And while his brother is hands-on when it comes to work, he’s not a micromanager: “But he’s still going to be there to oversee and make sure everything’s been done the way it’s supposed to be done.”

Thank you, Bishop Lucia, for your many years of faithful and dedicated priestly service in our diocese.

With gratitude and prayers from the parishioners of St. Stephen in Croghan and St. Francis Solanus in Harrisville

Congratulations and God’s Blessings for Bishop Douglas Lucia

Our prayers and support as you continue the journey.

Congratulations!

Father Doug

We are grateful that ‘your way’ led you to spend time and share God’s love with us in Morristown, Hammond & Rossie.

Continued on page 9
Known for his pastoral nature

Continued from Page 8

And then there's his brother's pastoral side. As a longtime volunteer firefighter and EMT, David has "run into him [his brother] in different situations... I'll say, he's good at what he does."

**Friends like family**

Deb and Mat Gainey have known Father Lucia for some 20 years and it shows — over lunch at a local restaurant the three laugh and joke and share memories in the kind of shorthand that only the closest of friends enjoy. They often cook dinners together on the weekends and, the week before his installation and ordination, the Gaineys would even help the Bishop move into his new residence in Syracuse.

Their friendship began when Deb was pregnant with the Gainey’s oldest child, Emma, who is now 15. The couple had gone through some pretty rough miscarriages, Deb recalled, and she spent 23 days in the hospital before Emma came into the world. The days were long with Mat at work, teaching at a local school.

"This young priest would come in and talk with me and bring communion," Deb said.

Father Lucia "would stick around and chat" — and not just in English. Deb is a French teacher; the Bishop speaks French and Italian, and knows Spanish and Latin. The two would converse en français and a friendship was born.

And over the years, as the Gaineys three children were born, Bishop Lucia was among the first to meet and bless them. To seven-year-old Joey Gainey, the youngest of the couple's children, the Bishop has always been, and likely always will be, "Doug-Doug."

Father Lucia also served as the pastor of the Gainey’s parish, St. Mary’s in Canton, where the couple are youth ministry leaders. Throughout the many years and roles, the Bishop's pastoral ways have always seemed easy.

"He's a natural," Deb said. "It seems like it just comes as second nature."

**Pastor to all people**

Marika Donders has come to know the Bishop as both a colleague and her pastor. She is the Diocese of Ogdensburg’s Director for the Office of the New Evangelization and a parishioner of St. Mary’s Church in Waddington, one of two small parishes where Bishop Lucia has served as pastor since 2017.

Donders can quickly point to what makes the Bishop so good at all of his many roles.

"He listens," she said. At work, he listens to everyone and considers various points of view in addition to his own, she explained. He is also "very practical, very down to earth" and realistic about how to move initiatives forward.

In the parish, "his homilies are just fantastic, and he's a great confessor.... Again it's that listening... listening and reading between the lines. He's a pastor in every sense of the word, meeting people where they're at. And meeting anybody, really. That's who he is."

Donders can recall the first time she went to Father Lucia for the Sacrament of Confession. "He actually thanked me for entrusting him. That sense of, 'thank you for trusting me with this,'" she recalled. "He wants to be given the opportunity to be a pastor."

Bishop Lucia is both pastor and vocations director to Tyler Fitzgerald, a second-year college seminarian for the Diocese of Ogdensburg and a parishioner of St. John the Baptist in Madrid.

Bishop Lucia is "chipper, cheery, just a fun guy to be around" as well as a very good preacher, Fitzgerald said, but what he'll miss most about his pastor is "his eagerness to serve the people. People feel comfortable around him.... He really does live out the Christian life."

Fitzgerald has seen the Bishop bring a vibrant, engaging spirit to the small parish, opening a spot on the parish council for a youth member and reestablishing Eucharistic Adoration. He also "has a way to comfort people through the sacraments," Fitzgerald said.

"He has the best interests of the people and God and the Church in his mind," Fitzgerald said. "I think he'll be an excellent bishop. He loves shepherding. He gets right in the flock."

**In the name of Jesus**

And that love of the flock is only natural, since young Douglas Lucia was right among the flock when he knew for sure he was called to the priesthood.

In January 1987 he was a seminarian working in a soup kitchen, part of a three-week service program in the center of Buffalo.

"I had really been going through some discernment trying to figure out where I wanted to be in life," he remembered. By his last day in the program, he had decided the priesthood was not how he was meant to serve the Church, that he would leave seminary and pursue a family and a career in law.

"I was doing the dishes... the sister who ran the soup kitchen said, 'Doug, you gotta get out and wait tables.'” He didn't really feel like it, but followed orders.

The meal that day was a bowl of soup and a sandwich. He approached a guest — "he looked like Santa Claus" — with the meal.

"I remember just putting down the sandwich and the bowl of soup in front of him and I heard as loud as day: 'the Body of Christ. Amen.'"

"I still remember that moment. At that moment, I knew exactly what God wanted.” He knew it meant the wife, the kids, the career, the house and dog he had imagined were not to be, "but at that moment there was such peace. And I really knew what God was asking."
BISHOP LUCIA

CONGRATULATIONS and PRAYERS

May the Holy Spirit be constantly at your side and give you Wisdom.

Sisters of Charity of Saint Louis Plattsburgh, New York

Sincere prayers and congratulations to Bishop Douglas J. Lucia and the people of the Diocese of Syracuse.

We will miss your 30-year presence among us as a priest and your contribution to the mission of faith in this Diocese that went far beyond the parishes you have served.

May your new ministry be filled with the same dedication and commitment that has characterized your priestly life. You have our prayers, our best wishes and our fraternal love as you leave here to serve as the 11th bishop of the Diocese of Syracuse.

Congratulations Bishop Lucia!

Thank you for all that you have done in our diocese for the past 30 years.
You are in our prayers.

Immaculate Conception Parish in Brownville & St. Andrews in Sackets Harbor

St. Mary’s, Brushton St. Augustine’s, North Bangor

Immaculate Conception Church Brownville

St. Andrews Church Sackets Harbor
“For you I am a bishop, with you, I am a Christian.”
-St. Augustine of Hippo

Bishop Lucia,
Thank you for the powerful Christian witness you have been for us.
Syracuse is indeed blessed!
The Parishes of
St. Agnes and St. Brendan’s
Lake Placid & Keene

Bishop Lucia

At the time of your Ordination and Installation
As Bishop of Syracuse
We prayed for you to have:
COURAGE to preach the Gospel
WISDOM to govern the Church
ZEAL in leading your flock to holiness.
The Lord has gifted you.

The people of St. Mary’s, Clayton
St. John’s, LaFargeville

Congratulations
Bishop Douglas Lucia
on the occasion of your Ordination.

Thank you for your service to God’s people

St. James Church, Gouverneur
Sacred Heart Church, Edwards
St. Hubert’s Church, Star Lake

Thank you for your faithful ministry in the North Country. Be assured of our prayers as you begin your episcopal ministry in the Diocese of Syracuse.

CC of Burke & Chateaugay
CC of Constable, Westville & Trout River
St. Mary’s of the Fort, Fort Covington
St. Joseph’s, Bombay
Bishop Lucia,
Congratulations on a very well deserved honor. Abundant prayers and many blessings to you in your new diocese. You will be greatly missed.

~Jerry and Noreen Barcomb & Family

Bishop Lucia
My wife Christine & I pray for you in your new assignment. You are in our prayers. Please pray for us.

Deacon James and Christine Chaufty

Congratulations, Bishop Lucia from The Sisters of St. Joseph, Watertown

Our daily prayers are always with you as you shepherd the People of God in the Diocese of Syracuse

Bishop Lucia, We will meet you in front of the Tabernacle.

Farewell, Bishop Lucia!

Farewell and all the best to our “neighboring pastor”!

May God grant you every blessing as you strive to fulfill your mission in Syracuse, “In the Name of Jesus!”

St. Peter’s Parish Massena

With thanksgiving for your years of service to the Diocese of Ogdensburg.

The Tribunal Office send prayerful best wishes to you in your new assignment in Syracuse.
Bishop Lucia reflects on prayer at farewell Mass

By Darcy Fargo
Editor

OGdensburg – In a crowded St. Mary’s Cathedral on a hot July day, then Bishop-elect Douglas J. Lucia reflected on prayer, as he delivered the homily at a Farewell Mass held in his honor.

“This Sunday’s Gospel is a continuation of last Sunday’s Gospel, where Jesus tells us that Mary had ‘chosen the better part’ of taking time out with him, with God,” Bishop Lucia said at the July 27 Mass, reflecting on the recounting of the story of the sisters, Martha and Mary. “Is that not our definition of prayer? Taking time, making time for God? Consequently, the disciples follow up last week with a request this week that is a natural one: Lord, teach us to pray.”

The bishop noted the apostles were asking the Lord what their prayers should “look like.”

“I have to admit, since May 27, when I received the call from the papal nuncio about my new assignment, my prayer life has been ‘all over the place,’” he said.

Bishop Lucia connected his recent prayer life to a story of a grandfather, babysitting his granddaughter for an evening.

“The grandfather passed by her room and overheard her reciting the alphabet in an oddly reverent fashion,” Bishop Lucia said. “He paused at the door and asked her, ‘What on earth are you up to?’ I was saying my prayers,’ said the little girl. ‘I couldn’t remember the words, so I’m just saying all the letters. God will put them together for me. He knows what I’m thinking.’ That’s my kind of prayer.”

While he noted that St. Augustine of Hippo said, “everything we need to pray for is summed up in the ‘Our Father,’” Bishop Lucia said the Gospel made him think of what Pope Francis calls his “five finger prayer.”

“The thumb is the finger that’s closest to you,” he said. “Start by praying for those who closest to you. They are the persons easiest to remember.”

Bishop Lucia went on to note that next is the index finger, the finger commonly used to point out directions.

“Pray for those who teach you, instruct you and heal you,” he said.

“They need support and wisdom to show directions to others.”

On the middle finger, the tallest of the fingers, he suggested to pray for leaders and those who have authority.

“That finger might also remind us of those who irk us,” the bishop noted, grinning. “Pray for God’s guidance for them.”

Bishop Lucia noted the next finger, the ring finger, is the weakest of the fingers.

“It reminds us to pray for all who are in need – for the sick and those plagued by troubles known and unknown,” he said. “Finally, the smallest finger, our pinky, should remind us to pray for ourselves. Pope Francis said that when we’re done praying for the four other groups, we’ll be able to see our own needs in proper perspective.”

Bishop Lucia also reflected on the last line of the Gospel, in which we are reminded of “the fruit of our asking, seeking and knocking in prayer.”

“It’s the gift of God with us always, wherever we are on life’s journey,” he said. “For me, that is the most important gift I can receive at this time of transition, of new responsibilities. It’s also my prayer for Bishop (Terry R.) LaValley, my brother priests, deacons and each of you: that you will know the presence of God, who can put things together.”

“Thank you for everything over the last 30 years,” he concluded. “Let us hold each other in prayer. Amen.”

At the conclusion of the Farewell Mass, Father Joseph A. Morgan, diocesan vicar general and rector of St. Mary’s Cathedral, presented the bishop with two gifts – a rosary and a zucchetto, both in the bright orange colors that represent Syracuse University.

Bishop Terry R. LaValley also thanked the Bishop for his service to the Diocese of Ogdensburg.

“For over 30 years, Father Lucia has given 200 percent of himself to the diocese and to the folks he calls parishioners and friends,” Bishop LaValley said. “I’m here to attest to his faithfulness and sacrifice for you.”

Bishop LaValley noted that the Mass was celebrated during Seaway Festival, a time when Ogdensburg area natives often return to the area to celebrate.

“As we celebrate Seaway weekend, we hope Bishop-elect Lucia sees his way back home,” he said.

For those attending, the Farewell Mass was an important way to honor their spiritual father and friend.

“Father Doug was our pastor at St. Mary’s in Canton for 10 to 12 years,” said Sue Law of Canton. “He’s not just our pastor, he’s a true friend. We’re very proud of him. He’s such a nice man. He’s open and loving, and I have a lot of respect for him.”
THE COAT OF ARMS
Most Reverend Douglas J. Lucia
Bishop of Syracuse

The external elements include the pilgrim's hat, or galero, in deep green, the true color of the Office of Bishop. Six tassels, or fiocchi, suspend on either side of the hat and the interior of the hat is worked in scarlet to represent martyrdom. An episcopal cross, or Cross Fleury, with a single cross-arm, rises above and behind the shield. Each arm ends with a fleur de lys, the heraldic flower reserved for the Blessed Virgin Mary. Bishop Lucia's mother's family arms include a fleur de lys. At the center of this cross is a large emerald, paying homage to St. Patrick of Ireland, Bishop Lucia's birth patron.

The bishop's personal arms are impaled with those of the Diocese of Syracuse.
Chosen by the first Bishop of Syracuse, Bishop Patrick Ludden, the diocesan coat of arms reflects the coat of arms of the city-state Syracuse, Sicily, when it was part of the Greek Empire. The three symbols in the shield are: the cross of gold, the upturned crescent in silver and the dolphin in silver. The cross is the symbol par excellence of Christianity and is the symbol of our salvation. It is gold because it is so important, and its very presence speaks for itself.

The dolphin in silver represents Christ. The origin of this symbol comes from ancient mariners, who would see dolphins swimming alongside their boat. They considered these friendly creatures a sign from God that He was watching over them in their journey and thus bringing comfort to them. In the coat of arms the dolphin is positioned downward, symbolizing Christ bringing salvation down from the cross. A symbol pointing downward is rare and quite exceptional.

The upturned crescent in silver represents the Blessed Virgin Mary as found in Book of Revelation (12:1): “A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.”

The color blue represents, in heraldry, truth and loyalty.

The main portion of Bishop Lucia's coat of arms is likewise rendered in pure gold to continue the honor to the Blessed Trinity.

Placed upon this gold field is a new symbol specifically designed for Bishop Lucia, which he requested as homage to the Diocese of Ogdensburg. The arrow loop — a cross-shaped narrow window of a castle tower through which defensive arrows and crossbow bolts could be fired — was adopted from the castle tower that appears prominently in the diocesan arms of Ogdensburg.

In heraldry this shape of cross is known as the Cross Pomme. It is worked in deep blue, the color symbolic of philosophy and thus symbolic of the teaching authority of the episcopacy. Placed upon the cross is a book of Sacred Scripture, worked in black to suggest leather. The book is embellished in gold and upon its cover appears a sunburst, “a sun in splendor.” The sun is a pun of sorts. It has been placed here as tribute to the Lucia family; the Lucia surname translating in English to light. Upon this sun appears the Christological monogram “IHS.” The monogram represents the written name of Jesus, which Saint Bernadine of Siena later extrapolated to also mean: Jesus, Savior of Men.

By adding this central tribute to Our Lord Jesus Christ, Bishop Lucia reminds the viewer that Jesus is the Light of the World, the true source of brilliant light, energy and eternal life in whose name everything exists and flourishes.

The coat of arms was designed by James-Charles Noonan, Jr., a well-known Church Historian and ecclesiastical protocolist, as well as one of the most famous ecclesiastical heraldists at work today. Linda Nicholson paints the heraldic arms and is a Craft Painter of the Society of Heraldic Arts in England.

Bishop Lucia’s motto, “In the Name of Jesus,” is drawn from Acts 3:6, which says: “Peter said, ‘I have neither silver nor gold, but what I do have I give you in the name of Jesus Christ the Nazorean, [rise and] walk.’”

“It’s the greatest gift Peter could give someone along the way: to show the healing and merciful face of God,” Bishop Lucia said. “That is my simple prayer for my time of service in the Diocese of Syracuse.”
You are our son, brother, classmate, friend and Father. You served in so many ways with too many titles to list, giving to family, friends, parishioners, deacons, priests and bishops. You gave yourself to Christ and showed Christ to us.

Our hearts mourn to watch you leave, but we sing to see one of our best shepherd the faithful and lead the Church as successor to the Apostles.

Congratulations
Most Reverend
Douglas J. Lucia
and the faithful of the
Diocese of Syracuse
with our love and blessings,
Most Reverend
Terry R. LaValley
and the faithful of the
Diocese of Ogdensburg
Seminarians from the Diocese of Syracuse and Diocese of Ogdensburg served as altar servers for the installation and ordination.

David Lucia, Bishop Douglas Lucia’s twin brother, read the first reading.


Cardinal Timothy M. Dolan places a miter on the head of Bishop Douglas J. Lucia during the ordination and installation on Aug. 8. (Right) During the Litany of Supplication, Bishop-elect Douglas J. Lucia prostrates himself on the floor of the Cathedral over the crest of the diocese. (Sun photo)
Bishop Lucia

Our heartfelt best wishes and prayers go out to you on your Ordination as 11th Bishop of the Diocese of Syracuse.

Your brothers and sisters in Christ,
The people of
St. Peter’s, Lowville,
St. Mary’s, Glenfield,
and St. Hedwig’s, Houseville

Bishop Lucia,
God’s blessings as you begin your new journey as Bishop of Syracuse

Congratulations on your ordination and installation as Bishop of Syracuse. God’s blessing today and always!

The Department of Education – Catholic Schools and Diocesan Faith Formation
Regional Faith Formation Centers – Youth Ministry Office
Formation for Ministry Program

Gray & Gray
Certified Public Accountants, P.C.
One Main Street, Suite 101, Canton, NY 13617
Forging connections while ‘talking trash’

My son can now claim he’s “talked trash” to a bishop.

It was “take my child to work day” last year, as my son, Jacob, made the trek from Moira to Ogdensburg with me to attend the annual diocesan Altar Server Picnic.

The picnic was scheduled to begin at 11, so Jake got to spend a few hours in the office with me before the festivities.

Jake, like his mother, loves NFL football. He’s a huge fan of two things: The Pittsburgh Steelers and “talking trash” to people who cheer for other teams.

Prior to the event, Jake and I had discussed the football allegiances in the diocesan offices: Bishop LaValley likes the Giants; (then) Father Doug Lucia and I, the diocesan IT guy, cheer for the Patriots; Scott in the development office roots for the Cowboys.

With those allegiances in mind, Jake made sure to attend the Altar Server Picnic decked out in his Steelers gear — a t-shirt and hat representing his favorite team. It was his silent effort to “talk trash” to the other football fans at the chancery.

At one point in the day, as Jake was walking with me in the office, the new Bishop of Syracuse started walking behind him. He leaned down to Jake’s level and whispered, “Patriots! Patriots!”

Jake loved that a priest was exchanging football jabs with him.

In December, four months after the picnic, our beloved Steelers defeated the Patriots. Jake asked me to relay a message to Father Doug.

“Make sure you ask him if he saw the game. You should sneak up behind him and say, ‘Steelers! Steelers!’”

Father Doug loved Jake’s message. I loved that Father Doug looked for and seized the opportunity to connect with my little big man, and I loved that Jake remembered and appreciated the connection. He afforded Father Doug the respect befitting his vocation, Jake also viewed him as a regular guy, a guy with whom he could talk football and joke around.

The Diocese of Syracuse is blessed to have a great man as its bishop. Bishop Lucia is the kind of man who works to connect with others and to show them kindness and caring. He truly embodies Christ-like love.

While I was happy for the Diocese of Syracuse and for the new bishop when I learned of his appointment, I’ll admit that I was sad our diocese was losing such a fantastic priest. I was also sad Jake wouldn’t have his trash-talking buddy at this year’s Altar Server Picnic.

The Fargo family is keeping Bishop Lucia in our prayers. We pray his transition is smooth. We pray he draws people to Christ in the Diocese of Syracuse the same way he did here. We pray he has the wisdom to make good decisions in difficult times.

Jake also prays Bishop Lucia has a change of heart and picks a different favorite football team, one that isn’t universally disliked.

We hear the Steelers are pretty great.

The members of our Catholic Community of Alexandria send prayerful support and best wishes to Bishop Douglas Lucia as he begins his ministry in the Diocese of Syracuse.

Bishop Lucia

You have been a true shepherd.
We will miss your guidance and sense of humor.
Many graces and blessings on your new work as Shepherd of Syracuse.

The Vocations Office

Our Prayer for You

BISHOP LUCIA

“Our Lady of the Precious Blood watch over this Living Chalice of the Blood of Jesus”

CONGRATULATIONS
Sisters Adorers of the Precious Blood
BISHOP LUCIA: LOOKING BACK

(Top left) Bishop Douglas J. Lucia was ordained May 20, 1989 by Bishop Stanislaus J. Brzana in St. Mary’s Cathedral. (Top right) Bishop Lucia poses with seminarians from the Diocese of Ogdensburg when he served as vocations director for the diocese. (Bottom left) Bishop Lucia dons a tropical costume for a Halloween Party at St. Mary’s School in Canton. (Bottom right) Bishop Lucia served as master of ceremonies as Bishop Terry R. LaValley prepares the oil of sacred chrism the Chrism Mass in 2012.

I will appoint over you shepherds after my own heart.
-Jeremiah 3:15

God bless you,
Bishop Lucia

Natural Family Planning Office
Diocese of Ogdensburg
How are bishops appointed?

KEY TERMS

**Apostolic nuncio** – The pope’s representative to both the government and to the hierarchy of a given nation; a key person in deciding what names are recommended to the Congregation for Bishops for possible episcopal appointment.

**Congregation for Bishops** – A department of the Roman Curia, headed by a Cardinal. The head of the Congregation, called the “prefect,” is presently Cardinal Marc Ouellet, a Canadian. Among the congregation’s responsibilities are moderating all aspects of episcopal appointments; assisting bishops in the correct exercise of their pastoral functions; handling ad limina visits (regular visits to Rome by bishops every five years); and establishing episcopal conferences and reviewing their decrees as required by canon law. Its membership consists of approximately 35 cardinals and archbishops from around the world. Current U.S. members of the Congregation are Cardinal William J. Levada, Prefect Emeritus of the Vatican Congregation for the Doctrine of the Faith, and Cardinal Donald W. Wuerl, Archbishop of Washington.

**Diocesan Bishop** – Pastoral and legal head and representative of a diocese.

**Province** – A territory comprising one archdiocese, called the metropolitan see, and one or more dioceses, called suffragan sees. The Code of Canon Law spells out certain limited obligations and authority that the metropolitan archbishop has with respect to the dioceses within his province. The United States is divided into 33 ecclesiastical provinces.

**Terna** – A list of three candidates for a vacant office, including the office of bishop.

The ultimate decision in appointing bishops rests with the pope, and he is free to select anyone he chooses. But how does he know whom to select?

The process for selecting candidates for the episcopacy normally begins at the diocesan level and works its way through a series of consultations until it reaches Rome. It is a process bound by strict confidentiality and involves a number of important players – the most influential being the apostolic nuncio, the Congregation for Bishops, and the pope. It can be a time-consuming process, often taking eight months or more to complete. While there are distinctions between the first appointment of a priest as a bishop and a bishop’s later transfer to another diocese or his promotion to archbishop, the basic outlines of the process remain the same.

**Bishops’ Recommendations**

Every bishop may submit to the archbishop of his province the names of priests he thinks would make good bishops. Prior to the regular province meeting (usually annually), the archbishop distributes to all the bishops of the province the names and curricula vitae of priests which have been submitted to him.

Following a discussion among the bishops at the province meeting, a vote is taken on which names to recommend. The number of names on this provincial list may vary. The vote tally, together with the minutes of the meeting, is then forwarded by the archbishop to the apostolic nuncio in Washington.

The list is also submitted to the United States Conference of Catholic Bishops (USCCB).

**The Apostolic Nuncio**

By overseeing the final list of names forwarded to Rome, the apostolic nuncio plays a decisive role in the selection process.

He not only gathers facts and information about potential candidates, but also interprets that information for the Congregation.

Great weight is given to the nuncio’s recommendations, but it is important to remember that his “gatekeeper” role, however, does not mean that his recommendations are always followed.

**For Diocesan Bishops**

After receiving the list of candidates forwarded by a province, the apostolic nuncio conducts his own investigation into the suitability of the candidates.

A report is requested from the current bishop or the administrator of a diocese on the conditions and needs of the diocese. If the appointment is a replacement for a diocesan bishop or archbishop about to retire, consideration will be given to the incumbent’s recommendations.

Broad consultation within the diocese is encouraged with regard to the needs of the diocese, but not the names of candidates.

The report is to include the names of individuals in the diocese with whom the Nuncio might consult and how to contact them. Previous bishops of the diocese are consulted.

Bishops of the province are consulted.

The president and vice president of the USCCB are consulted.

If the vacancy to be filled is an archdiocese, other archbishops in the United States may be consulted.

At this point, the nuncio narrows his list and a questionnaire is sent to 20 or 30 people who know each of the candidates for their input.

All material is collected and reviewed by the nuncio, and a report (approximately 20 pages) is prepared. Three candidates are listed alphabetically – the terna – with the nuncio’s preference noted. All materials are then forwarded to the Congregation for Bishops in Rome.

**Congregation for Bishops**

Once all the documentation from the nuncio is complete and in order, and the prefect approves, the process moves forward. If the appointment involves a bishop who is being promoted or transferred, the matter may be handled by the prefect and the staff. If, however, the appointment is of a priest to the episcopacy, the full congregation is ordinarily involved.

A cardinal relator is chosen to summarize the documentation and make a report to the full congregation, which generally meets twice a month on Thursdays.

After hearing the cardinal relator’s report, the congregation discusses the appointment and then votes.

The Congregation may follow the recommendation of the nuncio, chose another of the candidates on the terna, or even ask that another terna be prepared.

**The Pope Decides**

At a private audience with the pope, usually on a Saturday, the prefect of the Congregation for Bishops presents the recommendations of the Congregation to the Holy Father. A few days later, the pope informs the Congregation of his decision.

The Congregation then notifies the nuncio, who in turn contacts the candidate and asks if he will accept. If the answer is “yes,” the Vatican is notified and a date is set for the announcement.

It often takes six to eight months – and sometimes longer – from the time a diocese becomes vacant until a new bishop is appointed.
Funeral Mass held for Donald Murray

A Mass of Christian Burial for Donald F. Murray, 92, of Ogdensburg, was held on Wednesday, Aug 7, 2019 at St. Mary's Cathedral with his son, Rev. Steven M. Murray, officiating. Burial followed at the Notre Dame Cemetery with military honors.

Mr. Murray died Aug. 2, 2019.

Surviving are three sons, Rev. Steven Murray of Malone, Frank Murray and his beloved Gretchen McHugh of Ogdensburg, David Murray and his wife Patti of Ogdensburg; a daughter, Ann Johnson and her husband CJ also of Ogdensburg; grandchildren, Stacy Johnson and her fiancee Chad Stemmler of Rochester, Timothy Amo and his wife Kasie of Tupper Lake, Kaylan Murray of Rutland, Vermont, Brenden and Brogan Murray also of Rutland, Vermont, Morgan Murray of Geneva, and Kelli Barr of Ogdensburg; great-grandchildren, Indigo Collier, Damon and Onnalise Shannon, Fenway and Braylin Amo; a sister, Sister Eileen Murray, GNSH of Pennsylvania; a brother, John Murray and his wife Helen of Massena; a sister-in-law, Mary Murray of Ogdensburg; a special nephew, David Young and his wife Sally of Dillsburg, Pennsylvania; along with many nieces, nephews and cousins.

He was predeceased by his wife, Eleanor, in 2015; a son, Thomas, in 2014; a sister, Margaret Austin; four brothers, Paul, Thomas, Robert and James Murray; and a daughter-in-law, Sue Ellen (Hennigan) Murray.

Donald was born on December 8, 1926 in Ogdensburg, a son of the late Frank and Eva (Shattuck) Murray. He graduated from St. Mary's Academy and enlisted in the US Navy from 1944-45.

He married Eleanor Y. LaRock on September 21, 1948 at Notre Dame Church, with Msgr. A.D. Charbonneau officiating. Donald worked 38 years at the St. Lawrence Psychiatric Center as their principal engineer, and also operated a scrap metal business. In his younger years, he was a pitcher for the local semi-pro baseball team with his siblings, and enjoyed organizing pickup softball teams for area youth on Pleasant Lake in the summer. His passions were gardening, the Rutland Railroad and its history, telling jokes, socializing with friends at local establishments, spending time at his camp on Pleasant Lake, traveling and being with his family.

Memorial contributions can be made to the Notre Dame Heritage Fund, 125 Ford Avenue, Ogdensburg, NY 13669. Condolences and fond memories can also be shared at www.foxandmurrayfuneralhome.com.
Bishop announces restructuring of administration

Bishop Terry R. LaValley has announced a new structure for our diocesan administrative offices, effective Aug. 1. The new structure is necessary in large measure due to the appointment of Bishop Douglas Lucia as Bishop of Syracuse.

“The move of Bishop-elect Lucia to Syracuse leaves big shoes to fill in Ogdensburg,” said Bishop LaValley. “Bishop Lucia served the diocese well and long in a variety of positions. He will be greatly missed.”

Bishop LaValley, as diocesan bishop, is the Chief Shepherd of the Diocese of Ogdensburg who is the teacher of doctrine, priest of sacred worship and minister of governance. Canon Law describes his broad responsibilities as teaching, sanctifying and governing. Canon 375.

The diocesan curia consists of the institutions and persons who assist the diocesan bishop in governance of the entire diocese, by directing pastoral activity, administering the diocese, and exercising judicial power. The judicial vicar exercises judicial authority as set forth in the Code of Canon Law. Father Gary Giroux serves as Judicial Vicar.

The diocesan bishop may appoint a vicar general, episcopal vicars and a moderator of the curia to help coordinate the activity of the diocese. The Vicar General, Father Joseph Morgan, assists the Bishop in the operation of the entire diocese and acts in place of the Diocesan Bishop when the bishop is absent from the diocese.

The Moderator of the Curia, Father Kevin O’Brien, assists the bishop with administrative and legal matters and with supervision of those working in the diocesan curia.

Episcopal vicars are given responsibility to represent the diocesan bishop in certain specified areas, i.e. administration, clergy and education and evangelization. Father O’Brien serves as Vicar for Administration.

CONTINUED ON PAGE 23
Environmental Stewardship

**Tips for summer travel**

Summertime for many people means packing up the car and vacationing. According to the AAA, it is projected that 100 million Americans will travel this year. While we may do what we can to honor God's great gift of Creation while at home, how can we do likewise when we are travelling?

There are many environmentally friendly actions that we can take while we are vacationing. Perhaps some of the suggestions listed below may remind you of others that you might do. Perhaps a good place to start is by reducing our use of single-use plastics. According to National Geographic, more than 40% of the plastics used are single-use. That is more than 8 million metric tons that end up in the ocean. We can all do something to lower that figure, either at home or on a road trip.

You will probably have hand sanitizer on your list of “to brings.” Instead of purchasing those small bottles which contribute to plastic pollution in our waterways, why not buy a large bottle and refill from it? This would also be a wise and economical practice when you return home as well. In addition, why not pack reusable travel size shampoo when you are spending a night in a motel instead of using the single use toiletries that they provide? The number of bottles that are used once and find their way to waterways must be astounding, if you consider all the people staying in hotels across the country. Also, while you are enjoying your stay, you can opt for not having linens laundered each day, which saves vast amounts of water, a precious resource. No doubt, you may be buying a few souvenirs to take home to family and friends. Store away several reusable shopping bags to eliminate the use of single-use shopping bags.

While we are taking time this year to enjoy God's Creation, let us show our gratitude for God's great gift by being good stewards.

**Contributed by a Member of the Canton/Potsdam Faith and Ecology Group**

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**Bishop's Public Schedule**

**Aug. 14 — 11 a.m.** — Gathering of the Diocesan Prison Chaplains at Bishop's Residence

**Aug. 16 — 11 a.m.** — Mass with the Diocesan Altar Servers including the Rite of Admission to Candidacy for Holy Orders for John Kennedy Ojiojuk and Jude Nnadiubagha at St. Mary's Cathedral followed by a picnic

**Aug. 17 — 11 a.m.** — Mass and Celebration of Our Lady of the Adirondacks Founder's Day at St. Edmund's Church in Ellenburg Center

**Aug. 18 — 8 a.m.** — Mass at Thousand Islands Park

**Aug. 19 — 5 p.m.** — Bishop's Fund Appeal Reception at Sboro's Restaurant in Watertown

**Aug. 20 — 10:50 a.m.** — Mass at St. Joseph's Home in Ogdensburg

**Aug. 21 — 9:45 a.m.** — Episcopal Council Meeting at Bishop's Residence followed by lunch

**Aug. 21 — 5 p.m.** — Bishop’s Fund Appeal Reception at Bishop's Residence

**Aug. 21 — 5 p.m.** — Bishop's Fund Appeal Reception at Bishop's Residence

**Aug. 22 — Noon** — Mass at St. Mary’s Cathedral

**Aug. 23 — 5 p.m.** — Bishop's Fund Appeal Reception at Bishop's Residence

**Aug. 24 — 11 a.m.** — Mass for Family Guggenheim at Camp Guggenheim in Saranae Lake

**Aug. 25 — 9:30 a.m.** — Mass at Notre Dame Church in Ogdensburg

**Aug. 26 — 7:15 p.m.** — Novena followed by Mass at St. Mary's Cathedral

**Aug. 27 — 5 p.m.** — Bishop's Fund Appeal Reception at the Malone Golf Club

**Aug. 28 — 3 p.m.** — Clinton Deane Associations Listening Session at St. Peter's Church in Plattsburgh

**Aug. 29 — 4 p.m.** — Clinton Deane Priests Dinner at St. Peter's Church in Plattsburgh

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**Restrict in Peace**

This week marks the anniversary of the deaths of the following clergymen who have served in the Diocese of Ogdensburg.


**Aug. 16** — Rev. Peter Paladini, S.A.C., 1990

**Aug. 17** — Rev. Joseph Winfield, 1907

**Aug. 18** — Rev. Leoneo Proulx, O.M.I., 1979


**Aug. 22** — Rev. James W. M. Renshing, 1936


**Aug. 25** — Rev. Dames Guibault, 1919; Msgr. Hugh P.R. O'Reilly, 1948; Rev. George G. Tobin, 2010


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**Protecting God's Children**

The Diocese of Ogdensburg has scheduled sessions for Protecting God's Children for Adults. Pre-registration online is required. Participants may preregister at www.virtus.org.

**Upcoming sessions:**

**Aug. 28 — 7 p.m.** — Wakefield Recital Hall, SUNY Plattsburgh

**Sept. 12 — 5:30 p.m.** — St. James School, Gouverneur

**Sept. 18 — 3 p.m.** — St. Agnes School, Lake Placid

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**Restructuring administration**

**Continued from page 22**

Administration.
Father Carrara serves as Vicar for Clergy and Monsignor Robert Aucoin serves as Vicar for Education and the New Evangelization.

As Vicar for Administration, Father O’Brien is responsible for the day to day supervision of the diocesan offices and Chancery. In this role, he collaborates with the Diocesan Fiscal Officer in matters pertaining to Diocesan fiscal matters. Additionally, he collaborates with department heads and supervises the Development Office, Foundation, Data Processing Office, and the Department of Worship.

The Chancellor, Deacon James Crowley, oversees the Diocesan Archives, Office for Cemeteries and the Guggenheim Center.

Father Christopher Carrara is the Vicar for Clergy. He heads the Vocation Office and is Director of Seminarians. In addition, he supervises the Safe Environment Office, the Director of Permanent Deacons and the Director of Deacon Formation.

Monsignor Robert Aucoin is the Vicar for Education and the New Evangelization. He is responsible for the Work of the Education and Faith Formation Department, Formation for Ministry Office, Office of the New Evangelization, Office for Family Life, Natural Family Planning, Marriage Preparation and Enrichment and the Respect Life Office. He supervises the Office of Communications and North Country Catholic, as well as the Office of Youth Ministry.

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**To Report Abuse**

If you have a complaint of suspected misconduct involving diocesan clergy, religious, employees or volunteers, contact Victims Assistance Coordinator, Terri-anne Yanulavich, Adult & Youth Counseling Services of Northern New York, 31 Sixth Street, Malone, NY 12953; terriyanulavich@yahoo.com; Phone: Day: 518-651-2267, Night: 518-569-0612; or Father Christopher Carrara, the Episcopal Vicar for Clergy at 315-393-2920.
Charlebois to serve as Immaculate Heart principal

The Immaculate Heart Central Education Council is proud to announce the selection of Daniel Charlebois as principal of grades Pre-K to 12.

Charlebois began his leadership role on Monday, Aug. 12.

Charlebois, a 1997 graduate of Immaculate Heart Central, was selected for and is currently enrolled in the Mary Ann Remick Leadership Program at Notre Dame University in South Bend, Indiana. This program leads to an M.Ed. degree.

The Mary Ann Remick Leadership Program prepares transformational school leaders who make God known, loved, and served by implementing rigorous academic programs, managing school resources, and building robust Catholic school communities.

DIOCESAN LIFE
NORTH COUNTRY CATHOLIC
AUG. 14, 2019

Charlebois taught at Bishop Grimes High School in Syracuse, for 2.5 years.

Prior to teaching at Immaculate Heart, Charlebois taught at Holy Family School in Watertown.

Farewell, Bishop Lucia!

With thanksgiving for your years of service to the Diocese of Ogdensburg.

The Tribunal Office send prayerful best wishes to you in your new assignment in Syracuse.
ADIRONDACK

FALL RETREAT FOR ADULTS
Saranac Lake - Come away and rest awhile with the Lord amid the beauties of Fall in the Adirondack Mountains.

Date: Sept. 13-15
Place: Guggenheim Lodge
Cost: $150
Theme: “Meeting God in the Mountains and Valleys of Life

Speakers: Sister Bethany Fitzgerald, SSJ, Faith Formation Educator, Fr. Paul Kelly will be celebrant for Mass on Saturday afternoon.

Contact: For info. 315-212-6592 or srbethssj@gmail.com

RACHEL’S VINEYARD
Saranac Lake - A Rachel’s Vineyard after-abortion healing retreat will be offered.

Date: Oct. 18 – Oct. 20
Place: Guggenheim Lodge
Features: Chaplain for the weekend is Father Mark Reilly. If you are suffering after abortion, you’re not alone. Help and healing is available.

Contact: Confidential online registration form available at www.rcdony.org/profile Please contact The Respect Life Office with questions 518-524-0774. Other retreat dates and locations available at www.rachelsvineyard.org

CLINTON

BLOOD DRIVE
Peru - CVPH will host a Blood Drive sponsored by Knights of Columbus Council 7273.

Date: Aug. 15
Time: 3 p.m. to 8 p.m.
Place: St. Augustine’s Parish Center 303 Main St.

FOUNDATION DAY
Ellenburg – Foundation Day Gala to be held.

Date: Aug. 17
Time: 10 a.m. to 3 p.m.
Place: Our Lady of the Adirondacks House of Prayer

Features: The gala will celebrate the founding of Mary special place of prayer by Father Joseph Trombley. 10 a.m. Guest Speaker: Deacon John Lesiun presents “The Indestructible Seed of God”; 11:15 a.m. The Celebration of the Mass with Bishop Terry Roessler. 12:30 p.m. Sharing of the Meal...Homemade Chicken ‘n Biscuits Luncheon. Donations of any amount gratefully accepted, but not necessary. Please come and share the joy the this treasure in the North Country.

Contact: RSVP by Aug. 10 to 518-594-3253 or 518-236-6832 (Jeanette) or 518-846-3060 (Sarah).

REDFORD PICNIC
Redford – The 164th Annual Redford Picnic to be held.

Date: Aug. 18
Time: Following the 10:30 Mass
Place: The Church of the Assumption

Features: Country’s Oldest Carousel and Life Entertainment 11:30 a.m. to 6:15 p.m. Raffle drawing at 6:15 p.m. with a top prize of $5,000. Meals of Ham or Roast Beef 11:30 a.m. to 6 p.m. Entertainment for everyone. Pull tabs, Games, Skio, Fancy Booth and Food.

IS JESUS CHRIST CALLING ME?
Plattsburgh – Lakeside Fishers Club to have Priesthood Discernment Group meetings.

Schedule: Sept. 8 & 22
Time: 3 p.m.
Place: St. Peter’s Church
Features: For Highschool Junior men & older. Come join for discussions about discernment, Evening Prayer and dinner.

Contact: Father Howard Venette pastormoll@stmaryst.org 518-585-7144 or Father Christopher Carrara at ccarrara@rcdony.org

JEFFERSON

ST. MARY’S PEDDLER SALE
Brushton – St. Mary’s Peddler sale to be held.

Date: Aug. 16 & 17

Time: 9 a.m. to 3 p.m.
Place: St. Mary’s Church
Features: This is in conjunction with Brushton town wide garage sales. In case of inclement weather, sale will take place at St. Mary’s Parish Center. Sell your garage sale, flea market items, plants, arts & crafts, food items, art works, jewelry, cosmetics, antiques, etc. Spaces 15’x 15’, $15 for each space per day. No tables will be provided.

Contact: For applications: call 518 651 5859, or email: Lynnemaginn@gmail.com Spaces limited.

FRANKLIN

ST. MARY’S REPOSITORY SALE
Brushton – St. Mary’s Repository sale to be held.

Date: Aug. 16 & 17

Time: 9 a.m. to 3 p.m.
Place: St. Mary’s Church
Features: This is in conjunction with Brushton town wide garage sales. In case of inclement weather, sale will take place at St. Mary’s Parish Center. Sell your garage sale, flea market items, plants, arts & crafts, food items, art works, jewelry, cosmetics, antiques, etc. Spaces 15’x 15’, $15 for each space per day. No tables will be provided.

Contact: For applications: call 518 651 5859, or email: Lynnemaginn@gmail.com Spaces limited.

JEFFERSON

ST. MARY’S PEDDLER SALE
Brushton – St. Mary’s Peddler sale to be held.

Features: Guided tours at both churches. Mass with Fr. LaBafl, Museum and Gift Shop at St. John Neu­mann’s Shrine.

Contact: St. Mary’s Rectory at 315-686-3398

BRUNCH
LYONS FALLS — The Fr. Pascal Rys

Knights of Columbus will host a brunch.

Date: Aug. 18
Time: 8 a.m. to noon
Place: St John’s Catholic Church Hall

Features: The brunch consists of all-you-can-eat pancakes with real maple syrup, sausage, bacon, scrambled eggs, fruit cup, muffins, coffee, juice and tea. New item - sausage gravy and real butter with biscuits!

Cost: $9 for adults and $6 for children ages 5-12 - under 5 is free! Don’t miss this great breakfast!!

DIVINE MERCY DEVOTIONS
Houseville – Divine Mercy Devotions for the month of September to be held.

Date: Sept. 7
Time: 3 p.m.
Place: St. Hedwig’s Church

Features: The program includes Vespers (Evening Prayer), Exposition of the Blessed Sacrament, The Divine Mercy Chaplet, and Benediction. All are welcome.

Contact: 315-348-6260.

ST. LAWRENCE

FESTIVAL OF FOODS
Norfolk - The Parish of the Visitation and St. Raymon’s will be holding its 36th Annual Festival of Foods and Summer Social.

Date: Aug. 18
Time: 11:30 a.m. to 2:30 p.m.
Cost: Adults, $8; Children 5-12, $4; Children under 5, Free

Features: The Festival of Foods includes the American Booth (with hot dogs, Glaziers, hamburgers, and sweet Italian Sausage, summer salads, Mac and cheese, chili, and corn on the cob.) All meals include beverage, and Make Your Own Sundae (daisies of Stewart's Shops). Ethnic tasting booths include Chinese, Mexican, Hungarian, French, Italian and Irish. Entertainment includes a Cake Spin, Silent Auction, Chinese Auction, BINGO (for gift cards to locals businesses), Who’s the Winner? Pepsi Ring Toss and children’s games throughout the duration of the Social.

GOLF OUTING
Canter – Golf Tournament to be held.

Date: Aug. 31
Time: Shot gun start at 1 p.m.
Place: St. Lawrence University Golf Course

Cost: $100 per golfer with discounts for 4-some registrations. Includes all greens and cart fees, drinks and snacks on the course as well as a banquet.

Features: 18-hole scramble format tournament. Fee free to join us for dinner only if you prefer. All proceeds go to St. Mary’s School. Join us for a great time as we support our school and honor our former pastor, Father Doug Lucia.

Contact: Go to cantoncatholics.com and click on the school logo to register.

BLESSED IS SHE

Norfolk – Women’s Group to have event.

Date: Sept. 8
Time: Noon
Place: St. Andrew’s Church

Features: The theme will be Holiness 101: Learning from Jesus the Ultimate Teacher. Lunch will be served and there is no cost to attend.

Contact: RSVP to Sara by 9/6/315-212-7565 or narrow56@gmail.com

177 PROJECT

Canton – An Evening of Adoration and Music to be held.

Date: Sept. 17
Time: 7 p.m. to 9 p.m.
Place: St. Mary’s Church

Features: Come join us as we adore Jesus in the Blessed Sacrament with worship music provided by Catholic musician, Lee Roessler. This event is free and open to all.

Contact: Amanda at 315-386-2543 or conkllina@canton.edu for more information. For additional information visit www.the177project.com

DIOCESAN EVENTS

THE SINGLE LIFE
You are invited to join the conversation around the joys, challenges and longings of living the dedicated single life in the church today.

Schedule: Aug. 28 at the Hearthside Room at SSJ Motherhouse, Watertown; Aug. 29 at St. John XXIII Newman Center, Plattsburgh

Time: 6:30 p.m.

Features: This event is sponsored by...
A Missionary’s journey

Today I write this reflection as I am also preparing a homily which tells of Jesus appointing seventy-two others whom he sent ahead of him in pairs to every town and place he intended to visit. Later he would say they returned to the Lord rejoicing.

This could also be said as the story of my life with Lord. In December of 1987 at Notre Dame Church in Malone, NY, Msgr. Anthony Melia presented me with the Missionary Cross from the Diocese of Ogdensburg. I was sent on the mission to represent our Diocese in Mollendo, Peru. I was so looking forward to this experience and the opportunity to share in our mission in Peru. After language preparation in Bolivia, I arrived in Mollendo in June of 1988 to begin my mission adventure. I remember my first Sunday Mass and my difficulty communicating in Spanish. I tried to find a telephone at the end of Mass and call somebody back here in the United States but was not able to make a connection. Yes, Worldwide communication has greatly improved since 1988. The next two years were spent in Mollendo before I could return back to my native country. I continued to struggle to enter into the customs of a new country and adjust to new ways of thinking. I cannot say just when it happened, but a tremendous experience came my way. I embraced the spirit of the Peruvian people and the wonderful spirit of the people became my joy. My experiences and the beautiful people have become a part of my heart and will always be there.

During the month of August of 1993, I boarded the airplane to begin the journey home to our beautiful North Country. As I was sitting on the airplane, with a tear in my eye, on board came a beautiful Peruvian friend with a rose in her hand for me. How she managed to get permission to enter the airplane to do this, I will never know. But there she was with a big smile and a hug.

I had no idea when I left the Diocese to share in the Mission of Jesus Christ that I would be the one who received so much in return. The seventy-two returned to the Lord rejoicing and I returned back to the Diocese of Ogdensburg rejoicing in all that I had seen and done. God Bless!

Around the diocese

CONTINUED FROM PAGE 25
Marika Donders, Director of the New Evangelization & Cathy Russell, Diocesan Vocation Coordinator. Snacks will be provided.

Contact: To register please contact Shane Lippincott at slippincott@rcdony.org or call 315-393-2920 ext. 1451 by Aug. 22

YOUNG ADULT RETREAT
Saranac Lake – The First Annual Young Adult retreat to be held.

Date: Sept. 13-15
Place: Camp Guggenheim
Features: The theme will be Encounter Christ, in Creation, in each other, in yourself

Contact: For more information and registration go to rcdony.org/yamretreat

OUTDOOR LEADERS RETREATS
This year the Youth Department has put together three opportunities for young people aged, 12 to 17 to learn, have fun and become empowered to be “Shepherd’s of the Earth.” Each location offers a different opportunity for young people to engage nature, each other and their faith.

Schedule: Camp options are Sept 7 at Beaver Camp; Sept 14 at The Wild Center; Sept 28 at AuSable Chasm.
Cost: $25 per event and includes lunch.

Contact: The deadline to register is Aug. 29. To register or for more information, please visit: www.rcdony.org/youth/leadership.

Bishop Lucia,

Congratulations and Best Wishes as you begin serving the Diocese of Syracuse as their Bishop.

The Catholic Community of St. Elizabeth’s, St. Philip Neri, St. Philip of Jesus, and St. Joseph
OBITUARIES

Au Sable Forks — Clada Lee Ward Arsenault, 97; Mass of Christian Burial Aug. 10, 2019 at Church of Holy Name.


Canton — Lula Mae (Coller) Cook, 86; Mass of Christian Burial Aug. 3, 2019 at St. Mary's Church; burial in St. Henry's Cemetery, DeKalb Junction.

Canton — Laura V. (Rabideau) Remington, 92; Funeral Services Aug. 5, 2019 at the Donaldson-Seymour Funeral Home; burial Fairview Cemetery.

Clayton — Nina M. Liebig, 62; Memorial Services Aug. 10, 2019 at St. Mary's Church; burial in St. Mary's Cemetery.

Ellenburg — Theolus Trombley, 87; Mass of Christian Burial Aug. 5, 2019 at St. Edmund's Church; burial in parish cemetery.

Harrsville — Dolores “Dee” (Montgomery) La Parr, 83; Funeral Services Aug. 2, 2019 at Frary Funeral Home; burial in St. Francis Solanus Cemetery.

Hogansburg — Philip Francis, 85; Mass of Christian Burial Aug. 7, 2019 at St. Regis Church.

Hogansburg — Isabel M. (Swamp) Garrow, 81; Mass of Christian Burial July 31, 2019 at St. Regis Church.

Hogansburg — Barbara Ann Lazore “Wahniserohkta”; 64; Mass of Christian Burial July 31, 2019 at St. Regis Church; burial in St. Lawrence Cemetery, St. Regis, Quebec.

Hogansburg — Elizabeth King Oakes, 79; Mass of Christian Burial Aug. 8, 2019 at St. Regis Church.

Keeseville — Virginia Dora (Lareau) Garcia, 97; Mass of Christian Burial Aug. 5, 2019 at St. John's Church; burial in Whispering Maples Memorial Garden.

Lake Placid — Mary E. (LaLonde) Saulpough, 86; Mass of Christian Burial July 26 at the Reiss Family Memorial Chapel at Elderwood of Uihlein; burial in St. Agnes Cemetery.

Lyons Falls — Margaret (Hiscott) West, 94; Mass of Christian Burial Aug. 12, 2019 at St. John's Church; burial in Calvary Cemetery.

Malone — Matthew B. Savage, 48; Funeral Services Aug. 16, 2019 at the Bruso-Densnyers Funeral Home; burial in old St. Mary's Cemetery, Ft. Covington.

Massena — Barbara Bissonnette Fenton, 71; Mass of Christian Burial Aug. 10, 2019 at the Church of the Sacred Heart; burial in Calvary Cemetery.

Mineville — Louise B. Bobbie, 78; Mass of Christian Burial Aug. 10, 2019 at All Saints Church; burial in All Saints Cemetery, Moriah.

Mooers Forks — Eileen (Walker) Rabideau, 56; Mass of Christian Burial Aug. 9, 2019 at St. Ann's Church; burial in parish cemetery.

Morristown — Mary M. Crosby, 75; Funeral Services Aug. 1, 2019 at the Morristown Fire Station Hall; burial in Sunnyside Cemetery.

Norfolk — Anita J. (McCullough) Capps, 87; Mass of Christian Burial Aug. 9, 2019 at Church of the Visitation; burial in Visitation Cemetery.

Norwood — Lula A. (Hooper) Casselman, 81; Mass of Christian Burial July 30, 2019 at St. Andrew's Church; burial in Riverside Cemetery.

Ogdensburg — Carl W. Ashley, Jr., 76; Mass of Christian Burial Aug. 7, 2019 at Frary Funeral Home; burial in Foxwood Memorial Park.

Ogdensburg — Martha (Lukich) Davis, 90; Mass of Christian Burial July 29, 2019 at St. Mary's Cathedral; burial in St. Mary's Cemetery.

Ogdensburg — Dennis E. Moore, 67; Mass of Christian Burial July 31, 2019 at St. Mary's Cathedral; burial in Notre Dame Cemetery.

Ogdensburg — Lori Ann (Demo) Smithers, 49; Funeral Services Aug. 3, 2019 at Frary Funeral Home;


Plattsburgh — Joan (Mead) Carpenter, 91; Mass of Christian Burial July 29, 2019 at St. John's Church; burial in Mt. Carmel Cemetery.

Plattsburgh — Clara Joyce (Mott) Dobson, 87; Mass of Christian Burial July 31, 2019 at Our Lady of Victory Church; burial in St. Peter's Cemetery.


Plattsburgh — Betty Jean (Royal) Lynch, 90; Mass of Christian Burial July 24, 2019 at St. Peter's Church; burial in St. Peter's Cemetery.

Plattsburgh — Lester George Miller, 72; Mass of Christian Burial July 31, 2019 at St. John's Church; burial in St. Mary's of the Lake Cemetery.

Plattsburgh — Patricia M. (Foley) Munn, 94; Mass of Christian Burial Aug. 3, 2019 at St. John's Church; burial in Mt. Carmel Cemetery.

Plattsburgh — Betty L. (Thompson) Rowe, 89; Mass of Christian Burial Aug. 3, 2019 at St. Mary's Church; burial in St. Mary's Cemetery.


Rouses Point — Kathryn Maria Leerkes, 35; Mass of Christian Burial Aug. 2, 2019 at St. Patrick's Church.


Saranac Lake — Harry Stuart, 75; Mass of Christian Burial Aug. 5, 2019 at St. Bernard's Church; burial in St. Bernard's Cemetery.


Tupper Lake — Mary Lorraine (LaFave) Daggett, 90; Mass of Christian Burial Aug. 3, 2019 at St. Alphonsus Church; burial in parish cemetery.


Wonderful Memories!
So grateful to have served with you!
God Bless you. Congratulations Bishop Doug!

~Deacon Gary and Gayle Frank

Missionaries of the Sacred Heart
Watertown, New York
Fr. Jonas Tandayu, MSC
SCRIpTure ReFlecTions

Many rebuke, resist God’s messages

Those who resist God usually resist His messengers. In today’s first reading, the prophet Jeremiah is ridiculed, hated, and thrown first into prison, then let down a deep cistern by those who wouldn’t listen to his message. They said it was “too demoralizing.” King Zedekiah admires Jeremiah, but he is too weak to act on his advice. Poor Jeremiah! He is battered and beaten just for telling the truth! As a result, God threatened complete destruction of the city by fire, and eventually, it happened.

In the Gospel, Jesus declares that His teachings will bring division and conflict, even within His followers’ own households. The fire of God’s love is meant to bring justice, but at what a price! Hearts hardened by greed and hate, or just indifference, are always intolerant of those who preach the power of God’s truth. They turn the fire of God’s love into the fire of a violence which will never bring peace. In the meantime, His prophets continue to face rejection and even martyrdom.

The second reading from Hebrews, urges the early Christians – and us – to look at the “cloud of witnesses,” the saints and heroes who have gone before us, for courage to remain loyal in the face of opposition. In other words, God urges us to “hang in there” till the hour of final judgment and reward for those who are loyal to the truth.

And please don’t forget to pray for your priests who are suffering immensely these days form the sexual abuse crisis. And, from the Holy Father on down to all the members of the Church, we all pray for the Church that it may recover from this terrible attack of Satan on the work of salvation that Christ demands of His mystical Body.

Bishop Lucia
God’s blessings!
from St. Patrick’s, Colton and St. Mary’s Potsdam

Best Wishes
Bishop Lucia,
We wish you every success in your new endeavors.
You have been a blessing to the Diocese of Ogdensburg

The Development Office
Scott, Val & Jessica

LETTER TO THE EDITOR

Many invaluable services in North Country

Dear Editor:
I am writing to clarify some misinformation contained in the Sunday, June 16 issue of the Watertown Daily Times relative to Watertown being a “Tolerant Town.” Planned Parenthood does not provide mammograms.

We, however, are fortunate to have the New York State Cancer Services Program of Northern New York. Area hospitals and many of our physicians are involved in this valuable program. It provides the following services: (1) Breast Cancer Screening (Mammogram and Clinical Breast Exam) (2) Cervical Cancer Screening (Pap Test, high risk HPV test and Pelvic Exam) (3) Colorectal Cancer Screening (Fecal Occult Blood Test/Fecal Immunochemical Test Kit) (4) Colorectal Screening (Colonoscopy) for men and women at increased or high risk for colorectal cancer.

The program’s services are available to those who live in New York and have no health insurance and those who have health insurance with a cost share that may prevent a person from obtaining screening and/or diagnostic services.

You must be enrolled in their services and can do so by calling 315-592-0830.

It is my perception that we have many invaluable services in this area that large numbers of people are unaware of. This includes Public Health Nursing, which deals with rabies, communicable diseases, screening for venereal diseases and multiple in-home services, and also health issues related to pregnancy, child related and infant services, and much more.

Many have never heard of the Volunteer Transportation Service, which provides free rides to those in outlying areas to doctors, dentists and other vital services regardless of income (788-0422).

The Trisomy 21 Foundation gives support to those with Down Syndrome and their families and sponsored a wonderful program in which those with disabilities learned how to ride a two wheeler bike (773-3437).

Sister Diane Ulsamer in Watertown provides spiritual and social programs for disabled Christian individuals of all persuasions. Her attendees in the past few years have been taken on an overnight trip to the Sight and Sound Theater in Pennsylvania (782-3620).

It seems a directory of sorts would be an asset to members of the community to fill this health related void. I hope some of your readers have found this information helpful.

Sincerely,
Bette Hartzell
Watertown
Event attendees learn about ‘authentic love’

By Bob Beckstead
Contributing Writer

NORFOLK—Happiness isn’t a one-way street, but instead must be shared to bring happiness to others.

That was the word from Dr. Maura Fehlner, the guest speaker for Saturday’s “Loving Authentically” conference at the Church of the Visitation Parish Center in Norfolk.

“The gift of self-love is the very essence of God. Because we were made in God’s image, we will only find true happiness by participating in the gift of self-love,” she said.

Dr. Fehlner said conversations equate happiness with pleasure. But that’s not always the case.

“Happiness is not the same thing as pleasure. Real happiness is achieved through the pursuit of perfection and love.”

A child may wake up Easter morning and start devouring all of the chocolate in his or her basket. That’s pleasure. But does it bring happiness? Not when the inevitable stomach ache sets in.

“It didn’t last for long. That’s the sort of mistake that we keep on making in our own lives,” she said.

“We see something we want and usually what we want does provide us pleasure. But often the pleasure is short-lived. Sometimes we discover we didn’t really want it after all.”

A person may use alcohol as a way to get pleasure. But that too doesn’t last for long.

“It works for a while, but then morning comes and you feel worse than ever,” Dr. Fehlner said. “They continue to go out and get wasted time after time knowing what’s coming the next day. They’re looking for happiness, but they’re getting self-destruction. We all want happiness, but we often do things that make us unhappy. Human beings often make choices that we think will make us happy, but will actually undermine our happiness.”

She said today’s world often sends out the wrong message about happiness.

“The world tells us to think of ourselves and our own happiness,” she said.

The Catholic Church, on the other hand, says happiness can be achieved through self-sacrifice.

And, Dr. Fehlner said, “The world tells us that sex outside of marriage is a healthy rite of passage to adulthood.”

The church, on the other hand, says that the marital act must be preserved.

“The world says celibacy leads to perversion. The church, meanwhile, says, ‘Celibacy is a noble calling, an imitation of Christ,’ she said.”

“As faithful Catholics, we want to be true to God’s will in our romantic lives as in every aspect of our lives. But we’re so immersed in a sea of contradiction and criticism and confusion,” Dr. Fehlner said, comparing it to “being in the middle of a storm on a tiny raft with giant waves crashing down in every direction.”

“We all said a few minutes ago that we all want a happy marriage. The world tells us whatever makes us happy is the right thing to do. Happiness is the end goal,” she said.

“Can I get there, however, one must define happiness.”

“We can’t plan on the destination unless we can recognize it,” she said.

She said popular culture often makes them feel good.

“If it makes you feel good, no one has the right to stand in your way of happiness. All that’s important is your happiness,” Dr. Fehlner said.

But that’s not the case.

“The experience of happiness is more about personal growth than about comfort. Happiness is characterized by self-sacrifice and self-giving rather than self-receiving. As long as it is for the benefit of others as well as yourself, it can never be overdone,” she said. “Sacrificial love plus the pursuit of perfection equals happiness.”

The ingredients of a happy marriage are two people who are willing to put the spouse’s needs ahead of their own, to “delight by giving joy to others.”

“If pleasure is sought as a goal in life rather than a stepping stone to something greater, it will turn to poison,” Dr. Fehlner said.

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CHEVROLET
Congratulations Bishop Lucia

From this beautiful deanery where Bishops are born and raised. Clergy (retired and assigned), Religious and our Communities of Faith.
Christ's Blessings to you on this journey as the new Shepherd of the Diocese of Syracuse, with the assurance of prayers for you,

Bishop Lucia,

as you undertake this new direction that God has chosen for you.

Fr. Todd and the Parishioners of St. Bernard's & St. Edmund's Churches
Bishop Robert J. Cunningham and the Diocese of Syracuse welcome Bishop Douglas J. Lucia

'I will give you shepherds after my own heart'
-Jer 3:15